



Volume 41

The Drekkar
Newsletter
of the Barony of Storvik
in the Kingdom of Atlantia,
branch of the SCA, Inc.
May, A.S. LV (2020)



Issue 5

In the Month of May



*Barrel-Shaped Jug with a Fox and a Rooster
(late 13th century French Glazen Earthenware)*

Source via the [Metropolitan Museum of Art](#), under a [Creative Commons Open License](#)

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Upcoming Events

...That is a really, really good question. By the way: have you washed your hands recently? Please wash your hands.

Regular Baronial Activities

Locations to regular baronial activities on the last page. Well, regular during a more normal time period. **Please do not go to Jason's Deli for the baronial meeting this month.**

Populace Gathering: May 17th, 7-9 PM, via Zoom.

Armored, Rapier Practice: Canceled.

Dance Practice: Canceled.

Archery: Canceled.

A&S: Knitting and other Fiber Arts A&S Night, May 27th, 7-9 PM via Zoom. See the [Facebook event page](#) for contact information.

Martial Related A&S: Canceled.

Baronial At-Home: Canceled.

Early Northern European Adhocracy: Canceled.

Greetings from their Excellencies!



We struggled a bit with this letter, having been in quarantine for about two months now, and seeing event after event canceled. In May we look forward to Pennsic projects, prepping for Novice tourney, and the competitions at Gem Joust. Sadly, all three of those have already been *wisely* postponed until next year to help keep everyone safe.

But even though there aren't opportunities to go to events, there is a groundswell of opportunities to learn new things online. Duchess Adelheit has been organizing classes and promoting them to the Atlantian Face Book page. If ever you wanted a safe-ish place to begin your teaching career, this is the time, and I'm sure she'd love to hear from you and fit you in. There are a host of teaching videos on Youtube already, featuring Armored and rapier techniques, and more going up everyday as people try to reach out for some normalcy and maybe come out on the other side of this a bit better off.

Make no mistake though, this is a genuine plague we're in the midst of, and keeping yourself healthy, which INCLUDES mentally healthy, is of the utmost importance. We recognize that, despite all the online opportunities, some people "just can't" – and that could compound into feelings of missed opportunities or inadequacy. Here's the thing about this Society though: at their best, the people in it just want to do things that make each

other happy, and everyone will be *most* happy to just see each other again. So, let it go for a while, if you can, or reach out if you can't just to talk to someone.

And while we're talking about reaching out; we see you. We see you guys singing and hosting Facebook live events. We see your selfies, your posts, your memes and GIFs. We read your contributions to the Drekkar. We see when health problems are overcome, and tragically, when they are not. This is a tough time, made all the more difficult by our forced isolation. We miss you all.

Two last things. We'd be remiss if we weren't asking for recommendations for awards. We assure you that this plague *will* end, and when it does, we'd like to restart with a gusto – and part of that is making sure that people feel seen for their efforts and contributions. And remember that there is always hope – even the word 'hopeless' has a bit of hope in it.

Memories of Baron Rorik

On April 27 A.S. 54 (2020 in the common reckoning), Baron Rorik Fredericsson, famed among the folk as "Rorik Greygoose" and the 8th Baron of Storvik, left his friends in Midgard to join Odin's ranks in the halls of Valhalla. We will make bold to sing his praises as friends of long standing!

I first met Rorik at the very first Maryland Renaissance Festival, back in the fall of 1977, when he and his dear lady Janina were part of the Markland contingent at the Festival. They called to me to come in out of the rain by shouting "Hey – you with the harp! Get in here!" This was the start of a lasting friendship, which will endure forever.

Rorik was a leader in both Markland and the SCA, a valiant and gallant warrior in the battle ranks of both organizations. His favorite toy was a pole-arm named "Shark", which took down many a foe on the field. He possessed all the knightly skills and virtues, except for a white belt.

Rorik was also a fierce competitor at the gaming tables, especially cribbage, at which he instructed many an innocent! He was never without his cribbage board and was always ready and willing to take on all comers. His prowess at the poker table was likewise legendary.

Rorik is known around the world-wide science fiction community as the "man with the goose", and there are pictures of him at sci-fi conventions over the last five decades, always holding his buddy Frederic. The two of them are known to have worked at least one miracle, in getting a small child who had not spoken for a long time to start chattering about her new friends!

Whether he held an official position or not, in either the SCA or the mundane world, Rorik was always there to help out. He knew the karmic responsibilities of owning a pickup truck! Whether it was moving friends and furniture, building gateways, directing event parking, functioning as the "Commissioner of Public Works" in the Cambion camp at Pennsic, or leading a Barony with the help of his dear lady, Rorik was always the one who was first to volunteer and who could be relied upon to "get it done".

Rorik had several families which he loved. First and foremost, his beloved wife Joanna (Janina Krakowska) and his children Amber (Barbara of Bonei) and Andrew (Andrew Roriksson). (He would always say that he loved his lady like he loved his coffee – "hot, blonde, and sweet!"). Secondly, he loved his family of Clan Cambion, of which he was Kinfounder, and his voice was heard quite often in wise counsel. Thirdly, he loved the Barony of Storvik, of which he was the eighth Baron, as well as the wider family of the SCA. Lastly, he loved good food and good cheer, and was the inventor of the Hero's Breakfast – beer and Reese's peanut butter cups.

So please raise a horn, a glass, or a song, in praise and remembrance of a truly noble man, a seasoned warrior and a staunch friend!

Respectfully submitted,
Baroness Fevronia Murometsa, O.L.
Baron Igor Medved, O.L.

OYEZ! OYEZ!
Baronial News Highlights

Praise the Praiseworthy: Their Excellencies welcome recommendations for awards, as always.

Skol!

Wordfame for those in Storvik's hall

- Lady Rose nic Galen received her Coral Branch from Pennsic! Vivat!
 - Lady Julianna ad Aquam received an Award of the Undine at the Spring Coronation of Anton and Luned! Vivat!
 - Dame Emma West produced all the banners for Spring Coronation of Anton and Luned! Vivat!
-

Overheard and Unattributed

Said at the populace meeting; we won't say by whom

“Where are your pants?”

Remembering Rorik

by Baroness Evelynne Merrymet

A crooked smile
A funny laugh
A cribbage board close at hand

A calming presence
A joyful fighter
Fredrick the Grey Goose in his arms

Share a cuppa in the morning
Pour your troubles in his ear
Hear his wisdom in return

All your pain is now behind you
All our conversations done
We will miss you at the camp fire
swapping lies and burning peeps

The clan is weaker for having lost you
The clan is stronger for having had you
walk among us and share our lives
We will remember long and well

We love you Rorik now and always
We thank you just for being you
Enjoy the party at Valhalla
Until we meet across the veil

Baronial Meeting Notes, March 15, 2020

Meeting started at 7:09 PM. 14 adults logged on.

Officers' Reports

Seneschal

Lady Marguerite Honoree d'Cheneau/J. Chenault

- Q1 2020 ended March 31. If you are responsible for a Q1 Kingdom report, get on it!
- The last we've heard from St Andrew's (venue for dance & fighter practices) is that they are closed through at least May 16th. Any updates we receive in this regard will be posted on the email list, Facebook Page, Facebook group, etc.
- Regarding cancellations of activities, we will be following local government and regional government, as well as CDC guidance as per Kingdom and SCA Corporate instructions. DC's shelter-in-place order is through May 15. Maryland is 'until further notice'. Virginia is June 10 - and while Storvik does not extend into Virginia, we will be considering their restrictions as some Storvikii work and interact regularly with Virginia.
- This does not mean we cannot have online virtual events! Check out Virtual Atlantia for things happening RIGHT NOW. There are glow up challenges and people making all sorts of content and classes. Just because we are isolated doesn't mean the SCA stops!
- My (paid) Zoom account is available for online gatherings. Email the Seneschal for scheduling. I'm also happy to talk through how to run online gatherings, give an introduction to the tool and how to be a 'host' on it, etc.

Minister of Arts and Sciences

Lady Mirabella/M. Gretsinger

- Report not yet sent in because of technical difficulties on reports end.
- Most activities canceled but Zoom events still going on.
- Had A&S night.

Exchequer

Lord Morton/S. Graf

- Bank balance is currently \$11,294.35
- Two outstanding checks: \$20 as a Fall coronation cancellation which has not yet been cashed; \$43.76 for Awesome con business cards from May 2019 to Rachel Lipsy.
- I have received the Spring Fair refund but have not yet deposited it.
- We have not written the 2nd quarter check yet for St. Andrews. Per discussion with them we are waiting until we know what's going on and when they plan to reopen.
- When we write it, it will be reduced by \$130 for the two March practices canceled due to Corona Virus, along with all the April/ May ones which are still pending.
- I have not yet done 1st quarter reporting, updated signatures yet.
- We still need to do a meeting for the updated financial rules. As it is now past April 15th, we should get one on the books.
- Awesome con got moved to December 2020, so nothing that related yet.
- Novice expenses have not been requested as of right now.

Quartermaster

Lord John West/J. Hutchings

-

Chatelaine

Lady Sonya/S. Gross

- Renewed my membership and agreed to renew my warrant.
- 2020 Q1 quarterly report was submitted on time.
- Will have a virtual A&S night on Wed April 29.
- We'll discuss demos during the events portion of the meeting.

Chronicler

Lord Morgan O'Lathlann

- Drekkar went out.

Social Media Officer/Webminister

Lady Sonya/S. Gross

- Canceled everything (just about). Sent the information everywhere (all over Facebook, updated the online calendar for Storvik, sent emails).
- The Kingdom Chronicler outlined the order of notification for canceling events: I have been following this list to the best of my ability
- 1st - Autocrat or Seneschal, go into SPIKE and mark your event CANCELLED (simply adding CANCELLED at the end of the event name will be sufficient)
- Also notify the Kingdom Seneschal, the Paypal Coordinator, and the Kingdom Chronicler. These are folks that needs to be aware.
- 2nd - If you are the Autocrat or Seneschal, post to the Atlantian e-list (The Merry Rose) and your local group's e-list that the event has been canceled. (you may want to put a note saying how to obtain a refund or where to go for any additional information)
- 3rd - IF you have a website presence, post that the event has been canceled.
- 4th - IF you have a Facebook presence, post to Kingdom of Atlantia Announcements and Discussion and Cheapside Tavern of Atlantia that the event has been canceled.
- PLEASE NOTE THE ORDER IN WHICH THESE STEPS ARE LISTED.
- Facebook is last. Society has allowed that we may use Facebook for official business however, Facebook MUST NOT be the PRIMARY way to get information out.
- Lady Rose has been announcing all of the above on Twitter and Instagram too.
- Lady Rose and I joined Lady Colette Vitalis for her class "Social Media Online Class Part 1: How To Use Social Media." Lady Colette was impressed with Storvik's website; the only feedback is that on the home page it is a bit difficult to read the menu bar. It might be good to have a black box around the bar on the home page, like it is for other pages.
- Webminister meeting last week. Webministers across Atlantia are stepping up from their usual behind-the-scenes roles to help everyone stay connected with their chosen family.
- As I said in the Seneschal report, both Sonya and I are happy to help anyone who wants to set up an online SCA get-together - whether it's a class, show-and-tell, or even just a get together. Email the Seneschal or Chatelaine and let's see how we can help you with your plans!

Knight Marshal

Lady Angeline/L. Madan

- Not online

Deputy Chatelaine

William de Hirst/B. Fisher

- CUA event got canceled.

Herald

Lady Rose/E. Stark

- Not much going on; submissions still to mail in.
- College of Heralds still open.
- Editing next heraldry video for YT.

Youth

Astrid Spakona/E. Whitlock

- Is working on an idea on demoing past kids' historical make-and-takes on Youtube. Has reached out to Kingdom Youth Officers to get their thoughts.
- Make/takes or zoom online hangouts for kids? Herald suggests mini heraldry shield drawings. Patricia suggests parents be present in the room or close for online youth stuff. Seneschal/Chat can help with technical stuff.

MOL

Lady Kunigunde/R. Green

- Nothing new: MoL classes can still be taken online.
- Drink coolers final location: Seneschal will talk to her about it. The Or Baroness.

Baronage

Baron Celric and Baroness Ilaria/D. And M. Bartlet

- The Baron is back.

Events:

- Seneschal will check about paperwork canceled events
- Spring Faire: Canceled; have received refund. Needs check for \$50.
- Performers Revel: canceled.
- CUA demo: canceled.
- Awesomecon: demo moved to December (still scheduled to do it). Might be cheaper. People are still in to do it.
- Balticon: gone to virtual. Maybe we can do virtual panels? 05/22-25
- Novice: After a full discussion and look at the situation, a motion to cancel Novice for 2020 passes unanimously.
- Do we want to do an A&S virtual display using the stuff that won't be shown at Novice? Web, Instagram, both? Looks like it's a popular notion.
- Battle on the Bay 2020: Kender can keep planning. Depends on site and governor of Maryland. Baron says give it until June before cutting it off. Exchequer says a little later, Baron thinks Pennsic dying in 2020 might badly effect later events. Astrid says they'll make a decision on Pennsic on May 15: does that make a difference? Baron unsure. We should make that decision in a couple of months.
- Spring Faire 2021: Baron thinks we should make it an event. Emma or Sonya can contact venue for dates. Motion to move forward on that passes.
- Novice 2021: Baron says we should schedule it. Motion to start that passes. Emma volunteers to be novice autocrat.
- Worldcon: far in the future.
- Battle on the Bay 2021: We have the date, haven't heard back from office

Old Business:

- Exchequer will be reaching out for financial policy

New Business:

- Scriptorium: on pause.

Meeting adjourned 8:19 PM.

Wild Geese Fly

-- Written on the occasion of the descent of Rorik and Janina from the thrones of Storvik, September 2010

A flock of geese gladdens summer days
Harmonious honking heralds them
Bills are bright in gorse-grey faces
Welcome in croft to craft their nests
Raise their goslings at river's edge
Dwell with us - abide a while
But autumn arrives early this year
Geese all gather; goslings have fledged
Soon they take flight, fast-beating wings
Southward they travel, seeking warm weather
Wise are the geese! who go in the fall,
Return in the spring - soon they come back
No long parting this - the patterns of life

- Mistress Teleri Barod, OL, Shield of Storvik

A Dive into Nalbinding

Lady Mirabella Walmesley

Among the many A&S activities held in Storvik is the monthly meeting of SENEA (Storvik Early Northern European Adhocracy) hosted by Mistress Teleri Barod (Teleri the Well Prepared). There was an announcement that nalbinding would be taught at the January meeting. Nalbinding is a Viking age single needle method of making hats, mittens, socks and many other items using yarn. According to Wikipedia nalbinding "is a fabric creation technique predating both knitting and crochet." I was excited to try it. While I'm a bobbin lacemaker and I've done a tiny bit of knitting, I've been unsuccessful at crochet and tatting. Despite the fact that nalbinding sounds like fun I wasn't not sure if I'll be able to master it.

It was suggested that a specific type of yarn be used: Lamb's Pride single ply, worsted weight wool. After several phone calls I found some at a yarn shop in Catonsville. There were only a few colors to choose from: cream, red, green, and heather brown. I chose the green since I hoped to try to make a pair of mittens and green would match the Viking hat I bought at Holiday Faire.

At the meeting Mistress Teleri, assisted by Mistress Johanna von Sudeborn, demonstrated how to start a project. They had us make several "caterpillars," a several inches long series of stitches. After we mastered that she showed us how to turn and start a second row, Mistress Teleri then described how she made her mittens and socks. By the end of the meeting I had several rows completed on my first mitten and I was off and running.

I started at the fingertips and worked my way down. After a couple of inches, I realized that I started the increases too late. As a result it was too small and my pinkie wouldn't fit. The second attempt was much better though in hindsight I should have made it even bigger. Once the mitten was completed down to the thumb I had to stop until I got more instruction.

The following week Lady Sonya Flicker hosted her first monthly Fiber A&S meeting. There, with the help of Lady Kanamori no Tatsume, I learned how to complete the thumb. I was also able to master felting the ends of the yarn together which gave me a much smoother transition between the pieces of yarn and a better looking final project.

Mistress Teleri's mittens had a different color at the cuff and I wanted to do the same with mine, so off again to the yarn store to buy the brown. (My Viking hat has brown fur around the brim.) I've finished my first mitten and though it has many lumps and flaws I liked the way it turned out. However, I made it a little too tight at the wrist. I guess I got a little too happy with the decreases. So I had to take out a whole row just so I could get it on and with nalbinding that wasn't easy!

When I started the second mitten, I didn't think about taking notes so there would have been much less guesswork in it's construction in order to have it match the first mitten. Live and learn. While there was a definite improvement on the second mitten, a lot less lumps and flaws, they are not quite exactly the same. Pictured are my mittens along with my caterpillars and my first attempt. In it you'll see, along with the lumps and flaws, that the thumbs are different. I didn't realize while I was making them that on the right mitten thumb is more to the front and the left is more to the side. Also, since I reduced the wrists a little more than I should have they are a little tight to slide over my hand when putting them on. If I make another pair I would try to have both thumbs more in front and make the wrists not quite so tight. I don't think anyone will notice the slight differences between the mittens and I love the way they turned out. So I thoroughly enjoyed nalbinding, now maybe I'll start the socks my husband has requested.

Weird Wines of the World: Coan Wine

By Edgar Refskegg - refskeggbrewing.com



Overview

For the Atlantia Kingdom Arts and Sciences Festival (KASF), among many things, I brought a Coan Wine to be judged for the Royal Brewer competition. I made and brought this wine because it's interesting and unique, and I don't know anyone else who's made it before. It was a fascinating thing to make and ultimately a pretty simple recipe. In this article I would like to share my experience with it, my thought process, and how I made it.

Historical Background

Coan wine is a wine from the Greek island of Kos, and is a style of wine from Antiquity known for its saltiness. There are a couple different recipes from antiquity regarding Coan Wine, but I used the one written by Cato the Elder in his book *De Agri Cultura*, written around 160 BCE.(1) One other recipe involves combining 3 parts must and 1 part sea water then boiling it down to 2/3 of the original volume. The other recipe also boils the must, and adds some extra ingredients. I chose to keep this one boil free and low ingredient since it was my first time making it and I wanted to keep it as simple as possible.

According to Pliny, Coan wine was created accidentally by a slave who added the salt water to the wine must in order to reach his quota, and had apparently become quite popular. Research also suggests that the salt water was also added as a way to preserve wine, as the Greeks didn't use sulfur dioxide in their wines. Without the salt, wine would have been very perishable. (2) In any

case, Coan wine is fairly unique and adding salt to wine is essentially a forbidden practice in modern day.

The Modern Creation

I made this wine considerably different and simpler, but with as much integrity to the original recipe as I could manage. My method was to break down the original recipe into its most basic components and recreate it. It's a fun redaction with many layers and potential rabbit holes for one to roam through. See the footnote above for the text of the original recipe.

Ingredients

I made one gallon with this recipe, diluted in similar proportions to the original.

- Cabernet Sauvignon grape juice from South Africa
- Salt Water
 - 38ppt salinity, which is roughly the same as the Mediterranean Sea
 - One part of Cato's recipe mentions the creation of an equivalent sea water solution. I did not use the 'rush' and 'calamus' he mentioned, only salt.
- D-47 Yeast packet
- Amphora for storage
- 1gal carboy and airlock. Modern sanitation.

Procedure

First, I looked up the salinity of the Mediterranean Sea in order to get a saltiness that would at least be somewhat close to the original Coan Wine. It was right around 3.8%, so I made a gallon of 38ppt salinity water. Additionally, the original recipe indicates a roughly 1 part salt water to 4 parts partially dried grapes. I used 1/5 of a gallon of the salt water and filled the rest of the carboy with the grape juice. Afterward, I pitched the yeast and let it ferment for about ten months at about 68 F. I did not measure OG or FG, nor did I add extra herbs or boiled must afterward.

Conclusion

Ultimately this wine indeed tasted pretty weird. In its final state, it tasted a lot like a sour beer. There are several ways I could have improved the final quality of the wine, but I chose to leave it as is for simplicity. I didn't add boiled must at the end of the fermentation to sweeten it, nor did I add some of the herbs Cato writes about in his recipe. As a result, this wine didn't taste as sweet and balanced as it could have. I also did not dry the grapes in the sun and macerate with the saltwater. The Italians use a similar process for wine in the Veneto region called appassimento in their Amarone wine, and the dried grapes impart a very unique flavor that isn't found in many other wines. Unfortunately, I do not have access to wine grapes otherwise that would be a fun thing to try, and likely dramatically changed the end result. Further, I have reason to believe based on the Retsina recipe linked in the footnote, that Cato used white wine grapes for his wines, whereas I used red wine grapes. Overall, it was a very interesting wine to make. The research for both the wine and for amphorae was really what made it the most fun, and I look forward to doing more.

1 http://penelope.uchicago.edu/Thayer/E/Roman/Texts/Cato/De_Agricultura/G*.html

2. <https://winefolly.com/deep-dive/retsina-wine-making-surprising-comeback/>

Baronial Regnum

Baron and Baroness of Storvik

Baron Celric d'Ravelle & Baroness Ilaria de Gandia

D. Bartlett and M. Bartlett

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Baronial Champions**Archery**

Lord Cameron de Grey

Arts & Sciences

Dame Emma West

Bardic

Lady Astrid Spakona and Irena

Heavy Weapons

Lady Eleanor Bywater

Rapier

Noble Rajan of Kapellenberg

Youth

Vacant

Baronial Appointees**Warlord**

Lord Griffin Wharvager

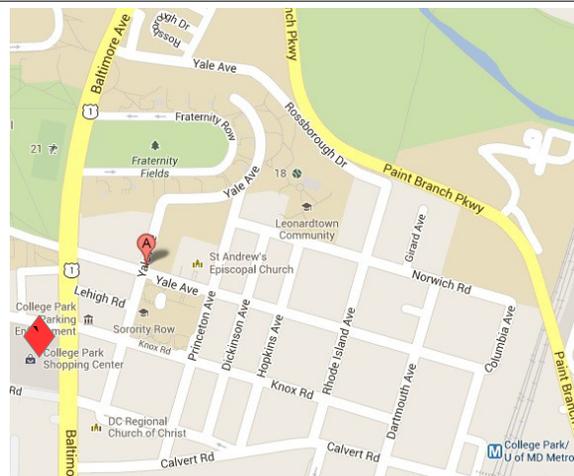
Populace meetings are held the 3rd Sunday of the month at 6:30pm at Jason's Deli in College Park, MD. Baronial business will be conducted at 7pm. Take your best route to US-1 S in College Park. Go past the university main gates; a few lights down is Knox Rd, with a Peri-Peri chicken place on your right. Turn right and then turn left into the parking lot of the mall. Jason's Deli is near the entrance where you came in. 7356 Baltimore Ave, College Park, MD. 301-779-3924.

Fight practice (armored and rapier) and **dance practice** are held each Monday at St. Andrew's Episcopal Church, 4512 College Ave., College Park, MD 20740, at the corner of College Ave and Princeton Ave. off of Route 1, south of Paint Branch Pkwy. 7 blocks from the College Park/U of MD Metro on the Green Line.

Archery practice on Sunday 11:00am at Adelphi archery range, 2800 University Blvd E, Adelphi, MD 20783; equipment-making at Lord Cameron's during inclement weather.

Early Northern European Adhocracy: 9426 Canterbury Riding, Laurel, MD. Right off I-95 exit 35A. Free unassigned parking. One cat.

Baronial At-Home: 1204 Canberwell Rd, Catonsville MD



Jason's Deli located by red diamond. Monday practice at 4512 College Ave, College Park, MD 20740 is at the letter "A" in the map pin.

Adventures in Event Dates: An Epic (2015)

I sing of arms and the man,
And of the need to find a suitable site
Where large numbers of both may find noble exercise.
Thus, by the will of the gods, it transpired that Rorik Fredricsson,
Valiant Baron Storvik, now Retired,
Silver-haired, yet hale and strong in mettle,
Did venture forth in the blackness of chill night,
Long before the rosy-fingered Dawn began to stir,
And betook himself unto the mighty stronghold
Where dwell the foresters of old Prince George,
To seek and bind the dates of mighty meetings,
When clash of armies could awake the echoes.
Nor did he venture on this quest alone,
But, swaddled in her cloak of many colors,
Did ancient Fevronia bear him company,
That two auspicious dates might be acquired
As called for by the lofty oracles,
The scribes of Fate and reckoners of Kalends.
Thus fared forth the two into the darkness
Resolved to do their Barony good service
As is meet for all Barons, now and former.
At the fifth hour after midnight
When Hecate's minions still were abroad,
They came to the stronghold of Prince George's Park Service,
Only to find ten others encamped before them!
The earliest of these had mounted his siege two hours
Prior to the chimes, unheard, at midnight.
Thus are the plans of men and Barons,
Helpless before the whims of the Fates
And the insomnia of the Dagorhir.
But in the face of doom,,resourceful Rorik
Defied the Fates and waded into battle.
Armed with smartphone and undaunted spirit,
He swiftly hunted down more dates to fight for,
More timely treasures for Great Storvik's coffers.
And after mighty counsels with the foresters
Did wrest a reservation in September!

- Baroness Fevronia Murometsa, O.L.



Release Forms

Want to share something in the Drekkar? Give me legal permission to do so!

Please send submissions to

Moe Lane
9426 Canterbury Riding
Laurel, MD 20723
chronicler<at>storvik.atlantia.sca.org

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1. The image is portrait-style
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