



Volume 39

The Drekkar
Newsletter
of the Barony of Storvik
in the Kingdom of Atlantia,
branch of the SCA, Inc.
May, A.S. LIII (2018)



Issue 5

Wine Fountain



Performer's Revel was nearly on the feast of St. George, so Lady Alicia of Cambion made this excellent wine fountain! It is made of salt dough. Photo by K. Sobansky.

This is the May 2018 issue of the Drekkar, a publication of the Barony of Storvik of the Society for Creative Anachronism, Inc. The Drekkar is available from Jamie Lennon at chronicler@storvik.atlantia.sca.org. Subscriptions are free as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

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Upcoming Events

May 6-8: [Spring Crown Tournament](#) (Boonville, NC)

Dietrich and Una will select Their heirs in trial-b-combat. A&S: Tempore Atlantia (1250-1400CE), Bring Your Bling competition, banner competition

May 11-13: [Fiber, Foliage, Fermentation and Farming](#) (Louisa, VA)

Plant and seed exchange, yarn de-stash, brewing, sheep shearing, spinning, henkeeping and other animal husbandry classes. Site is a working farm; no pets, please contact autocrat about service animals so they can be accomodated

May 12: [On Target](#) (Annapolis, MD)

Archery and atlatl. Archery shoot is a challenging walk-through shot; it can be somewhat difficult to get to the targets.

May 17 – 20: [Aethelmearc War Practice](#) (Slippery Rock, PA)

If you can't wait for Pennsic, head on up to the Sylvan Kingdom's war practice at Cooper's Lake Campground. Heavy, fencing, archery, thrown weapons, atlatl, combat archery, siege; classes, meetings, shopping and more.

May 25-28: [Ruby Joust](#) (Courtland, VA)

New site! So if you heard about the mud last year, take heart. Heavy, rapier, equestrian,

target archery, thrown weapons and youth combat. A&S includes Best Use of Ruby, scribal, beads, and baking. Strive to claim the wreath of Poeta Atlantiae.

June 1-3: [Highland River Melees: Old School Insurrection](#) (Knoxville, MD)

Event to be held "Ye Olde School" style. Heavy and rapier melee, target archery, thrown weapons, siege, youth combat, equestrian. Mini-Bardic Madness, homebrew and chain mail competitions, fiber solar, "favorite throwback fun subject" A&S competition.

Regular Baronial Activities

Locations to regular baronial activities on the last page.

No Monday practice May 28.

May Populace Gathering May 20, 6:30-

9pm, Jason's Deli, 7356 Baltimore Ave, College Park, MD. 301-779-3924. Business meeting starts at 7pm. Parking is free on Sundays.

Armored, Rapier Practice: May 7, 14, 21, 7-9pm.

Dance Practice: May 7, 14, 21, 8-10pm.

Join the [Dance listserv](#) for the latest news.

Archery: May 13 and 20th at Adelphi Manor, 1-3pm, if the weather is good.

Baronial At-Home: If held: May 29, 7 or 7:30pm (look for announcements).

Early Northern European Adhocracy: May 22, 7-9pm, 9426 Canterbury Riding, Laurel MD. Warping a rug loom.

Baronial Progress

Baron Celric and Baroness Ilaria will be at the following events:

May 25-28	Ruby Joust	Caer Mear	Both
June 2	Highland River Melees	Highland Foorde	Both

OYEZ! OYEZ!

Baronial News Highlights

BARONIAL OFFICERS: Email Mistress Graciela with your membership information at seneschal@storvik.atlantia.sca.org.

Baronial Encampment at Ruby Joust: There will be a Storvik encampment at Ruby Joust; Meisterin Johanna von Sudeborn will be Camp Coordinator. Look for the "Storvik Camp at Ruby Joust" Facebook event, or contact lousie.flessas@gmail.com.

Baronial Encampment at Pennsic: If you are interested in camping with the barony at Pennsic, contact baron@storvik.atlantia.sca.org and baroness@storvik.atlantia.sca.org.

Got Toys?: Toys sought for baronial children's largess. Donations to Their Excellencies.

Conventions: Storvik would like to support demos at relevant conventions within our borders. AwesomeCon, Katsukon, Otakon, WashingCon, Takoma Park Folk Festival – do you know of others? Please let chatelaine@storvik.atlantia.sca.org know about them.

Mark Your Calendars – Novice Tournament is Coming!: Novice Tournament will be June 23 at the Knights of Columbus in College Park. Lady Kunigunde is the autocrat.

Poeta Atlantiae Competition at Ruby Joust: Ever wanted to be a Kingdom Notable? The new Poeta Atlantiae will be selected at Ruby Joust. Entrants should write two poems in two different period styles, with documentation for each. One poem should be in honor of Their Majesties, while the other should be on the theme of Friendship.

Dress Patterning and Dress Fitting: May 19, 12-7pm at Mistress Emma's home in Bowie, MD. From 12-3pm, bring your dresses that don't fit to learn how to alter them. From 3-7pm, learn to create body block patterns. Bring 2 yards of a natural fiber and a box of safety pins. Since this patterning class will be for self-supporting clothing, it will be limited to women only. The alterations class is open to all.

Overheard and Unattributed

Said at the populace meeting; we won't say by whom

Let the record show that the seneschal chased the baron with a fork.

I'll see what's coming up and pick a day that conflicts with as many things as possible.

Contradicted!

A drah bee bee!

Skol!

Wordfame for those in Storvik's hall

Lord John Angus West will be fighting for **Mistress Graçia Esperança de Sevilla** at Crown Tournament. Three cheers for Lord John's bravery and the grace of the lady who inspires him!

Lady Tala al-Zahra has stepped up as one of Their Majesties' head retainers, serving with grace and skill at Coronation and now co-ordinating retainers for coming events. If you would like to retain – and anyone with discretion is welcome! – put your name down in this [Google doc](#).

Team Storvik made a great showing at Revenge of the Stitch, staying up all night to sew Ottoman garments for Her Excellency, Baroness Ilaria.

Lady Alicia of Cambion cooked all day to provide a fabulous, continuous stream of delicious food at Performer's Revel. **Mistress Fevronia** and **Master Igor** showed their usual exemplary hospitality, and a wonderful time was had by all.

Drekkar Field Reporter Lady Tibbie Crosier sends word: Several rapier fighters who regularly attend Storvik practice were honored at Queen's Rapier Championship today, according to reports. **Master Alessandro** won the King's Cut and Thrust Championship. **Lady Symone de la Rochelle** was inducted into the Order of the White Scarf. **Lady Colette Vitalis** was awarded a Shark's Tooth. Note that Lady Symone has been coming to Storvik practice for many years; she started shortly after I did.

Between the Beltways

[Manassas Viking Festival](#): May 12, 10am – 5pm, camping available for period tents. Sounds like fun!

Lady Alicia's Cookery Booke: Icelandic Skyr

By Lady Alicia of Cambion

Greetings! Did you happen to hear? Now is the month of Maying, when merry lads are playing! Fa la la la la, et al, ad infinitum, &c. Fortunately, I have sent the servants out to the fields to harvest spring flowers for sirups, where they can fa-la-la all they want, far, far away from earshot. Meanwhile I have ensconced myself in the stillroom with a good book and strict instructions not to be disturbed while I am making Icelandic Skyr.

Skyr is a thick, yogurt-like dairy product that was probably a means to preserve milk beyond skimming off cream and butter. Archaeologists have found traces of skyr in Viking burial sites as far back as the 9th century. Modernly, it has become a new superfood, being low in fat and high in protein and is often marketed as Icelandic Yogurt, though it is actually a soft cheese. A gallon of skim milk will render about one quart of skyr, while the rest becomes whey, which can be used for other purposes, like making bread or preserving meats¹.

The process of making skyr is similar to making fresh cheese², but skyr is a marathon, not a sprint. Plan to spend at least two days making skyr. It is not all hands-on time (hence the good book) but it will need monitoring.

Take one gallon of skim milk and cook over low to medium heat until it reaches 200*, stirring consistently. Do not boil or let milk scorch (it will affect the final flavor of the skyr). Let milk cool to 105* and then add your skyr cultures. The first batches of skyr were probably produced by leaving the skimmed milk open to wild bacteria to inoculate the milk. For food safety, I cannot recommend this. In period, one would have a portion of skyr from a previous

batch to incorporate into the new batch. You can buy existing skyr product (usually found in the dairy section as Icelandic yogurt), which is a safer means of procuring a culture. If you were a 9th century Viking making skyr and your culture dried up or was unusable, I'm sure you could borrow a cup of skyr from, say, your neighbor Siggie to restart yours.³



Skyr culture before mixing into the cooled milk

Take two tablespoons (or so) of culture and mix thoroughly with approximately two cups of the cooled milk. Incorporate the cultured mix back into the pot of milk and wrap the entire pot securely in blankets or towels to allow it to incubate.



Skyr Pot wrapped in towels.

1 <https://ladyaliciascookerybooke.wordpress.com/2015/07/03/viking-dried-meat/>

2 <https://ladyaliciascookerybooke.wordpress.com/2016/04/28/april-farmers-cheese/>

3 This is not to be construed as an endorsement. Siggie's is one "Icelandic Yogurt" product that is commonly available in the States. Also, MS Icelandic Dairies in Iceland has been using the same culture for centuries, which is purchasable here from Icelandic Provisions, if you have access to that product.

This should rest 12-18 hours but no more than 24 (overnight works well). Unwrap the pot, and you will discover that the milk has congealed into a semisolid mass and a portion of whey.



You can just see the whey around the edge of the pot.

Pour contents into a clean piece of linen over a basket or strainer and allow to drain. You can also tie up the ends of the linen and allow gravity to drain the whey out. At this point, you will want to remove approximately 1/4 cup of skyr to use for your next batch. .



Skyr, in linen, suspended and draining a-whey.
(I had a lot more whey puns but ran out of room)

Drain skyr until it reaches the consistency you want. I prefer a firmer skyr, so I drained mine for about 24 hours until it was almost as firm as cream cheese. If you prefer a softer skyr, you can either drain out less whey or incorporate some of the drained whey back into the skyr until it reaches the desired consistency. Store skyr and whey in the refrigerator

Icelandic Skyr

1 gallon Skim Milk
¼ cup Skyr Culture

1. Bring milk to 200* over low-medium heat (do not boil) being careful not to scorch the milk. Cool to 105*.
2. Remove about 2 cups of cooled milk, mix in cultures, then mix cultured milk back into pot. Wrap pot in towels or blankets and allow to rest, 12-18 hours but no more than 24.
3. Remove skyr and drain in linen or fine cheesecloth until it reaches a preferred consistency 2-24 hours. Remove ½ cup to use for future batches. Both skyr and whey keep for about a week in the refrigerator.



Enjoy! Go forth and cook good food!

Do you have a pressing cookery question you'd like to have answered? Email Lady Alicia at ofnoimp@yahoo.com. Do you know, I'm pretty sure I can still hear fa-la-la-ing all the way from here?

Baronial Meeting Notes, April 16, 2018

Meeting start 7:13pm, 10 in attendance

Officers' Reports

Seneschal (absent; via email)

Mistress Graciela/G. Hutchings

- Needs everyone's updates on membership info for officers. Please email to seneschal@storvik.atlantia.sca.org

Minister of Arts and Sciences

Lady Mirabella/M. Gretsinger

- Working on report, due today, will get in soon.
- Smocking class. Silk banner on 4/21, several others coming up. Bench-making, prize-making. 4/22, Novice targets.

Exchequer

Lord Morton/S. Graf

- Quarterly report in

Quartermaster (absent)

Lord John West/J. Hutchings

Chatelaine

Lady Sonya/S. Gross

- Had demo at AwesomeCon, just shy of 100 people give info. Martial demo, really good investment. Good to have B&B and all over the north to help out.
- Wants to do a newcomer meeting at Jason's on a Sunday, get permission to get cookie tray or something.
- Working to get quarterly report out this week.

Chronicler

Mistress Teleri/J. Lennon

- Drekkar went out.

Webminister

Outgoing: Lady Kunigunde/R. Green

Incoming: Lady Tatsume/C. Flessas, Deputy J. Chenault

- Updated Google calendar with upcoming classes/activities.
- Novice Tournament website is put together. Whoever needs access, contact webminister@storvik.atlantia.sca.org .

Knight Marshal

Lady Angeline/L. Madan

- Absent

Herald

Lady Rose/E. Stark

- Working on some armorial submissions.
- Report will be in this week.

Youth

Astrid/E. Whitlock

- Absent

MOL

Lady Kunigunde/R. Green

- Absent

Baronage

Baron Celric and Baroness Ilaria/D. And M. Bartlett

- At home 4th Tuesday, making benches and children's toys.
- Donations for toys sought.
- Got 5 recommendations for awards, keep it coming.
- If you have donations for prizes, let them know.

Events

AwesomeCon: Went very well. Combat demo was good. Want to add more non-combat stuff in the future and continue to grow demo. Can sponsor programming in the future.

Vote to reimburse armor making supplies: All aye

Performer's Revel: Was awesome, 40 people. Alicia cooked, food all day, fabulous music, poetry, dancing, jokes, stories

Novice: Hanna reporting for Kender: Getting Paypal set up, novice.storvik.org website under development

Crown: Did not get bid

Old Business: Mead hall: Preliminary drawings done, not ready with cost proposal yet

New Business

Johanna: When/where will there be Storvik encampments?

Celric: Ruby Joust, yes. Hanna will be camp mom. Storvik will be in Southwind at Pennsic. WoW, HRM will gather populace input.

Patches: Balticon - same weekend as Ruby Joust, but Patches will be going and dancing and talking up Storvik. Katsucon, Otakon, Washingcon, Takoma Folk Festival

End 8:30 PM

Baronial Regnum

Baron and Baroness of Storvik

Baron Celric d'Ravelle & Baroness Ilaria de Gandia

D. Bartlett and M. Bartlett

baron<at>storvik.atlantia.sca.org, baroness<at>storvik.atlantia.sca.org
423-747-7473 (Baron Celric), 423-737-5284 (Baroness Ilaria)

Officers & Deputies

Seneschal

Mistress Graciela Esperanca de Seville
G. Hutchings, 301-213-4244
seneschal<at>storvik.atlantia.sca.org

Minister of Arts & Sciences

Lady Mirabella Walmesley
M. Gretsinger, 410-868-1587
moas<at>storvik.atlantia.sca.org

Chronicler

Mistress Teleri the Well-Prepared
J. Lennon
chronicler<at>storvik.atlantia.sca.org

Exchequer

Lord Douglass Morton
S. Graf
exchequer<at>storvik.atlantia.sca.org

Quartermaster

Lord John West
J. Hutchings
ironkey<at>storvik.atlantia.sca.org

Herald

Lady Rose nic Galen
E. Stark, 703-409-2728
herald<at>storvik.atlantia.sca.org

Castellan/Chatelaine

Lady Sonya Flicker
S. Gross, 301-772-0499
chatelaine<at>storvik.atlantia.sca.org

Knight Marshal

Lady Angeline Falconis
L. Madan
knightmarshal<at>storvik.atlantia.sca.org

Armored Deputy

Lord Carlyle Jamesson

Minister of Lists

Lady Kunigunde von Darmstadt
R. Green
mol<at>storvik.atlantia.sca.org

Archery Marshal

Rapier Marshal

rapiermarshal<at>storvik.atlantia.sca.org

Web Minister

Lady Kunigunde von Darmstadt (outgoing)
R. Green
Lady Kanamori Tatsume (incoming)
C. Flessas
Margarite Honoree d'Cheneau
J. Chenault
webminister<at>storvik.atlantia.sca.org

Deputy Web Minister for Yahoo Group

Lady Kunigunde von Darmstat
webminister<at>storvik.atlantia.sca.org

Equestrian Marshal

Griffin Wharvager
ggriffin924+sca<at>gmail.com

Youth Minister

Astrid Spakora
E. Whitlock, 301-219-7557
storvikyouthofficer<at> gmail.com

Baronial Champions

Archery

Sayyida Tala al-Zahra

Arts & Sciences

Maestra Emma West

Bardic

Lord Charles Alexander

Heavy Weapons

Lady Eleanor Bywater

Rapier

Lord Jeffry Thorn

Youth

Vacant

Baronial Appointees

Warlord

Lord Griffin Wharvager

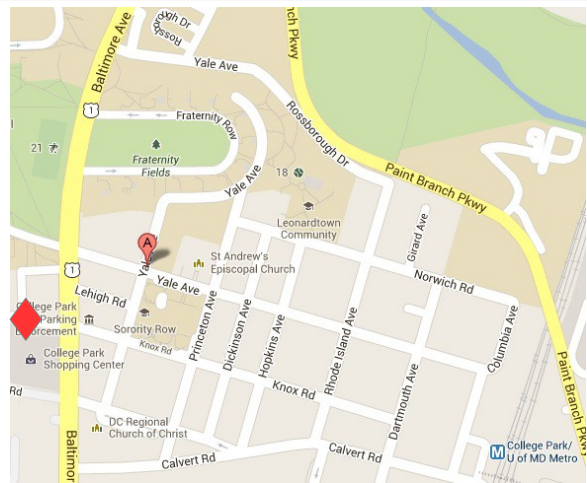
Populace meetings are held the 3rd Sunday of the month at 6:30pm at Jason's Deli in College Park, MD. Baronial business will be conducted at 7pm. Take your best route to US-1 S in College Park. Go past the university main gates; a few lights down is Knox Rd, with a Peri-Peri chicken place on your right. Turn right and then turn left into the parking lot of the mall. Jason's Deli is near the entrance where you came in. 7356 Baltimore Ave, College Park, MD. 301-779-3924.

Fight practice (armored and rapier) and **dance practice** are held each Monday at St. Andrew's Episcopal Church, 4512 College Ave., College Park, MD 20740, at the corner of College Ave and Princeton Ave. off of Route 1, south of Paint Branch Pkwy. 7 blocks from the College Park/U of MD Metro on the Green Line.

Archery practice on Sunday 11:00am at Adelphi archery range, 2800 University Blvd E, Adelphi, MD 20783; equipment-making at Lord Cameron's during inclement weather.

Early Northern European Adhocracy: 9426 Canterbury Riding, Laurel, MD. Right off I-95 exit 35A. Free unassigned parking. One cat.

Baronial At-Home: 1204 Canberwell Rd, Catonsville MD



Jason's deli located by red diamond. Monday practice at 4512 College Ave., College Park, MD 20740 is at the letter "A" in the map pin.

Release Forms

Want to share something in the Drekkar? Give me legal permission to do so!

[Grant of Use Form](#): For articles, non-photograph artwork, most other contributions

[Model Release Form](#): People appearing in photographs must sign this if:

1. The image is portrait-style
2. The photograph is taken in a private space at an event (such as a personal encampment)
3. The photograph is taken at a non-public venue (such as an armor-making workshop at a home)

No model release form is needed when the photograph is taken at a public place and in a public forum

(where there is no expectation of privacy), including:

- any SCA contest or competition, merchants' row, court, class, etc.

[Photo Release Form](#): The photographer who takes a picture (of anything or anyone) must sign