



Volume 38

The Drekkar
Newsletter
of the Barony of Storvik
in the Kingdom of Atlantia,
branch of the SCA, Inc.
March, A.S. LI (2017)



Issue 3

When Adam Delved¹



Peasants laboring in the month of March in the 15th century Très Riches Heures du Duc de Berry. Via [WikiCommons](#). An old man plows a field with two oxen. On the right, a man fills a smaller bag from a sack of seeds to begin sowing. On the left, three men prune fruit trees in a walled garden. In the distance, a shepherd and his dog (and a horse? That he's hugging?) keep watch over a flock of sheep, including the lambs born last month.

¹“When Adam delved and Eve span, who then was the gentleman?” - rallying cry of [14th cen Occupy movement](#)

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Upcoming Events

- March 11: [St. Paddy's Day Bloodbath](#) (Vienna,VA)
Ponte Alto kicks off the martial season with a big fighting event.
- March 11-19: [Gulf Wars](#) (Lumberton, MS)
Their Majesties and Highnesses will represent Atlantia at this foreign war.
- March 17-19: [Bacon Wars III](#) (Hayes, VA)
Fighting, bacon-themed A&S
- March 25: [Defending the Gate XVI](#) (Spotsylvania, VA)
Archery, rapier, heavy, youth, and siege fighting! A&S display, open bardic.
- March 31-2: [Academy of St. Clare of Assisi](#) (Aethemearc – Millmont, PA)
All-embroidery event with classes.

March 31-2: [Coronation](#) (The Temptation of Atlantia)

Cuan and Signy take the thrones. Mistress Graciela will feed you into submission. There is a Virtues vs. Vices theme, with separate websites and assorted activities. Tournaments for heavy and rapier, archery range open, A&S, bardic, and a Fashion Show where you come dressed as (guess what) a Virtue or a Vice.

Baronial Activities

Locations to regular baronial activities on the last page.

Business Meeting: March 19, 2017

Pre-Business Meeting A&S: Historical musical notation class by Lady Astrid. Your chronicler is psyched! 4Pm ahead of the meeting on March 19.

Armored, Rapier Practice: March 6, 13, 20, 27, 7-9pm.

Dance Practice: March 6, 13, 20, 27, 8-10pm.

Archery Practice: Some Sundays (see Yahoo Group messages for details) (11:00am)

Newcomer's Meeting: Join us at the Pre-business meeting A&S!

Armoring: Sundays at 1pm at Quartermaster John West's home in Bowie. Pickup from Greenbelt Metro possible by [arrangement](#).

Early Northern European Adhocracy: March 14, 7pm. Han Dynasty garb for Garb Wars.

OYEZ! OYEZ!

Baronial News Highlights

Performer's Revel Report (from the pen of Mistress Fevronia):

Performers' Revel was a great success! We had around 35 people, including 2 visitors from the East Kingdom, and two folks for whom this was their first SCA event. Due to the weird weather, we opted to hold it inside, but the rain held off long enough for the Commedia troupe "Vagando Stolti" to perform their wonderful play "The Boy Who Feared Not" out in the back yard where they had plenty of room to move about. In addition, we had singing, instrumental music, poetry, storytelling and a reader's theater production of "The Judgement of Paris". Baron Igor managed to feed everyone into submission, including the vegetarians! By all accounts, a good time was had!

Interested in calligraphy or illumination? Contact Meisterin Johanna von Sudeborn, Storvik's Minister of Arts and Sciences, at moas@storvik.atlantia.sca.org – she is gauging interest to see if there is enough to re-start a scriptorium in Storvik.

Known World Dance and Music Symposium Registration is Live: [Pay now via Paypal!](#) [Hotel block](#) filled up, but we are trying to get more rooms. If you would like to teach a class, register on the [website](#).

Revenge of the Stitch teams: For three years, Storvik has fielded at least one team to the [24-hour garb-making challenge](#) held in Spiaggia Levantina at the end of April. One team is already forming to clothe Lady Tatsume in Han Dynasty splendor. Are you interested in participating but aren't sure how to find a team? Contact Meisterin Johanna von Sudeborn, Storvik's Minister of Arts and Sciences, at moas@storvik.atlantia.sca.org.

Newsletter Delivery Service: The chronicler will be setting up a service to deliver the electronic newsletter to your mailbox. It is opt-in only; email chronicler@storvik.atlantia.sca.org to subscribe.

Skol!

Word-fame for those in Storvik's hall

All pay heed and attend! At the Tournament of Ymir, LLyr of Angelsey was put on vigil by Their Majesties of Atlantia. After deep contemplation, and having received the good advice of many Peers of the Realm, he was elevated to the most noble Order of the Chivalry in acknowledgment of his prowess, honor, and years of service to Atlantia. Raise a horn of mead for Sir LLyr!

Baroness Janina, now beyond our borders but still in our hearts, received accolades from the Kingdom Minister of A&S at the Kingdom Arts and Sciences Festival yesterday. In her role as Deputy KMoAS for Competitions, she oversaw the very first [Lyceum Atlantia](#). It is not exactly a competition – it is a limited-entry display, in which participants receive detailed constructive feedback from artisans in their fields. It's like a personalized workshop! It requires herding a great many cats to find the artisans to give the feedback, so skol! For Baroness Janina's labors.

Storvik's Monthly Arabic Lesson

*Each month, this column will feature a new Arabic word to use with fellow Scadians
by Sayyida Tala al Zahra*

Did you know: You can tell someone to 'sbr' or 'sbrī' if they are impatient, but you can also say it when they are going through a rough time, as it is encouragement to 'endure' a situation.

SCA-Friendly Arabic Word-of-the-Month: BE PATIENT

Arabic translation: اصبر اصبري

English transliteration: Sbr AND Sbrī

Pronunciation: sa BURR (to a man, stress the last syllable, roll the 'r')
sa BRIE (to a woman, stress the last syllable, roll the 'r')

Arabic root letters: ص ب ر

Possible words from root: patience, to be patient, to endure, to bind, to restrain, endurance

Example SCA use: "Sbr, dude. Ok? I need to finish putting my armor on." "Sbrī, my lady. Spring is almost here, then you can go outside to practice."

Overheard and Unattributed

Said at the business meeting – we won't say by whom.

"Don't put that in the notes."

"Don't put that in the notes."

"Don't put that in the notes."

"Teleri – don't put that in the notes."

"Don't put that in the notes."

Folks, I think they're on to me!

Lady Alicia's Cookery Booke: Fritters

By Lady Alicia of Cambion

Greetings! March may come in like a lion but we are still waiting for that "out like a lamb" bit. The seedlings are starting to poke their heads up out of the seedbeds, offering hope for warmer days ahead (and fresher foods!). If you have been marshaling your stores well, you should still have plenty of preserves on your shelves. On the other hand, if you might have gone a little overboard at the holidays (whoops) or maybe eaten all your favorites first, (uh-oh) you may be facing a storage pantry that may be running a little thin (ahem).

Fritters are a good way to use up those last bits of applesauce or latwerge that we put up in the fall. This recipe, from *Eleanor Fettiplace's Receipt Book* are not like the deep-fried fritters that we have come to know; these are more like a soft, sweet pancake: *Take the whites of eggs & beat them very well, then put to them some creame & a little flower, & some cloves and mace beaten smale, & some sugar and the pap of two or three boiled apples & stir it well alltogether, then fry it in a frying pan with some sweet butter, & when it is half fried, break it into pieces like fritters and so fry it.*¹



Non-egg ingredients before mixing. My applesauce here was seasoned when I made it.

Rather than boiling apples as Elinor indicates, applesauce can provide an adequate substitute, and, depending on how it was prepared, can eliminate the need for both the sugar and the seasoning (although, if you have apples in the storehouse that are getting a little punky, you can still cook them into pap as Elinor did).

In one bowl, combine your applesauce, flour, cream, and seasonings until well mixed. In a separate bowl, whip your egg whites until stiff, adding a couple tablespoons of sugar and whipping until combined. Carefully fold your whipped egg whites into the other mixture, trying to combine the two elements without flattening the air out of the egg whites.



Folding the eggs into the other mixture

Meanwhile, heat butter (or other mild oil) in a frying pan. While Elinor may have you make one larger pancake and then try to break it up, I found greater success by spooning the mixture into the pan in smaller, 2"-3" rounds, about ½" thick. Allow these to cook until the top is dry and bubbled, as pancakes are, then flip and cook the other side. When done, transfer to a plate and drizzle with honey or other sweet syrup.

¹ Spurling, Hilary, ed. *Elinor Fettiplace's Receipt Book*, Viking, New York, NY, 1986. P. 74

The end result is a very light, fluffy pancake that would make a surprising but delicious dessert (though it made an excellent breakfast, too).

Fritters

(Adapted from *Elinor Fettiplace's Receipt Book*)

4 egg whites
1 cup applesauce
¼ cup sugar (less if applesauce is already sweetened)
1/3 cup flour
¼ teaspoon ground cloves (omit if applesauce is already spiced)
¼ teaspoon ground mace (omit if applesauce is already spiced)
¼ cup cream or milk
1 tablespoon butter or oil

1. Combine applesauce, cream, flour, and spices until well-mixed.
2. Whip egg whites until stiff, adding sugar if needed. Fold into applesauce mixture until thoroughly combined.
3. Heat butter in frying pan until sizzling. Drop batter by the spoonfuls into the pan, making 2"-3" rounds. Fry until done on one side, flip and fry other side until cooked through.
4. Drizzle with honey or other syrup and serve.



Enjoy! Go forth and cook good food!

Do you have a pressing cookery question you'd like to have answered? Email Lady Alicia at ofnoimp@yahoo.com. Do you know, it took me about three runthroughs of this recipe before I finally got it right?! Try, try again!

Baronial Meeting Notes, February 19, 2017

Attending: Astrid, Rose, Sonya, Graciela, Carlyle, Maugie, John West, Morton, Johanna, Teleri. Lady Bryn from Lochmere came to discuss Battle on the Bay (BOTB).

Officers' Reports

Seneschal: Majesties are holding a Curia, making significant changes. Recommend folks read it.

Chatelaine: Had a few newcomers. Had an A&S meeting prior to meeting, had 6 people. Outreach at cons would be good. Consider sharing table cost with other baronies. Carlyle and Gracie can maybe do fighting demo at Awesome Con.

A&S: SENE meetings in Jan and Feb. Spoke with MOAS in Bright Hills. They are starting an Herb Guild. Shoemaking class in the near term. Calligraphy session once a month if we have a site (Daniela Schwarzkof to teach). Looking to see if there is interest in the populace. SENA is entering Revenge of the Stitch, has room on team if anyone wants to join. Doing Han Chinese.

Chronicler: Had a newsletter. If you want your contact info in, send me your info. Need Exchequer report.

Exchequer: Income from last year \$3832 net. Yay! Paypal scanners - Morton will buy and donate. Second cash box - will buy and donate. Still owe Lochmere from BOTB, need to cut check. Need to cut two checks to Teleri, one for this meeting's rental and one next. Teleri has deposit from St Andrews to return. Morton stepping down Sept 2017, happy to stay as deputy/mentor. Hanna willing to do it.

Webminister: Has updated KWMDS info, did not get request from Teleri for Performer's Revel. Will start putting Novice stuff up.

Youth: Nothing to report. Warrant needs redone.

Herald: Unclear if Patricia or Rose is herald at present. Will check herald website.

Quartermaster: Got everything back from 12th night, cleaned it and bubble wrapped it. Not in storage shed yet. Many thanks to barony from household for loan of equipment.

Youth: Will contact Carlyle about youth fighting at novice. Warrant in progress.

Events

Performer's Revel: Feb 25th in Bowie. (Event had not happened by meeting time; event report in Baronial News)

Novice Tournament:

- June 3 at Knights of Columbus in College Park.
- No feast. Must be gone at cutoff time. Possible postrevel or hotel space with meeting room.
- Dry unless you buy from KoC. Request for veggie burgers, hard cider. Gracie will ask. Will get a list of what's available to post ahead of time.
- Royal Progress (Cuan and Signy).
- Budget: Breakeven is \$1350, \$10 prereg \$12 gate, kids \$5. 109 adults 14 children for breakeven.
- Going to try to go for Paypal for prereg. Kender is reservationist/troll.

- Vote to approve budget: Gracie moves, Morton seconds. All aye.
- Hanna moves to approve up to \$300 in change. Sonya seconds. All aye.

Known World Dance and Music:

- Highland River Melees has been canceled, so no conflict.
- Monthly calls are happening.
- Need a Middle Eastern coordinator.
- Fliers are up on the website. Have been distributed in Canada!
- People who want to teach classes should sign up on the website.
- Want to set up a shuttle to the nearby light rail station.

Battle on the Bay:

- Lady Bryn of Lochmere needs from Storvik: head cook, field coordinator, parking director, merchant coordinator. Contact bryn1240@gmail.com (permission to publish granted)
- Carlyle will be field director
- Sonya will be merchant coordinator.

Fall Crown:

- Submissions needed
- Gracie to see if KoC available
- Johanna will autocrat or mentor the autocrat
- Gracie moves to submit a bit. Johanna seconds. All aye.

Old Business

Demo at Margaret Brent - Johanna will be there. Needs Gold Key.

Thrones - WE HAVE CHAIRS. Baronial inputs sought for design, painting thereof. Bags needed.

New Business

List fences needed before Novice (or else we need to borrow). Carlyle to head up committee to determine what should be done.

PO Box for Storvik for checks for events. \$67 for a letterbox for 6 months. Carlyle motions to reimburse. Sonya seconds, all aye.

Jason's Deli has a room in the back you can use for free in College Park. Closer to Metro. Gracie wants to see if we can reserve or hold the room. Sonya likes being able to do the A&S before the meetings. Keeping Laurel meeting site for now, but good to have options.

Baronial Regnum
Baron and Baroness of Storvik
Baron Celric d'Ravelle & Baroness Ilaria de Gandia

baron<at>storvik.atlantia.sca.org, baroness<at>storvik.atlantia.sca.org

Officers & Deputies

Seneschal

Mistress Graciela Esperanca de Seville
seneschal<at>storvik.atlantia.sca.org

Minister of Arts & Sciences

Meisterin Johanna von Sudeborn
moas<at>storvik.atlantia.sca.org

Chronicler

Lady Teleri the Well-Prepared
chronicler<at>storvik.atlantia.sca.org

Deputy Chronicler

Lady Patricia of Trakai

Exchequer

Douglass Morton
exchequer<at>storvik.atlantia.sca.org

Deputy Exchequer

Lady Kunigunde von Darmstadt (pending warrant)rapiermarshal<at>storvik.atlantia.sca.org

Quartermaster

Lord John West
ironkey<at>storvik.atlantia.sca.org

Herald

Lady Patricia of Trakai
herald<at>storvik.atlantia.sca.org

Castellan/Chatelaine

Lady Sonya Flicker
chatelaine<at>storvik.atlantia.sca.org

Knight Marshal

Angeline
knightmarshal<at>storvik.atlantia.sca.org

Minister of Lists

Lady Kunigunde von Darmstadt
mol<at>storvik.atlantia.sca.org

Deputy Minister of Lists

Dame Brenna of Storvik

Archery Marshal

Vacant

Rapier Marshal

rapiermarshal<at>storvik.atlantia.sca.org

Deputy Rapier Marshall

Lady Constanza de Talavera

Web Minister

Lord Carlyle Jamesson (pending warrant)
webminister<at>storvik.atlantia.sca.org

Deputy Web Minister for Yahoo Group

Lady Kunigunde von Darmstadt
mol<at>storvik.atlantia.sca.org

Archery Marshal

Vacant

Youth Combat Marshal

Vacant

Minister of Minors

Astrid (pending warrant)

Baronial Champions

Archery

Sayyida Tala al-Zahra

Arts & Sciences

Vacant

Bardic

Lady Constanza de Talavera

Court Painter

THL Richard Wyn

Heavy Weapons

Wulfric Bjornson

Rapier

Lord Ffernfael Kymro

Youth

Wulfgar of Skye

Baronial Appointees

Warlord

Lord Griffin Wharvager

Business meetings are held the 3rd Sunday of the month at 7pm at the Canterbury Riding Clubhouse in Laurel, MD. Take your best route I-95 exit 35A, MD-216 East. Keep right off the exit, take the ramp for Stephens Road. First right onto N Laurel Rd. then first left into Canterbury Riding. Follow the road around and turn into the second courtyard. The address is 9240 Canterbury Riding.

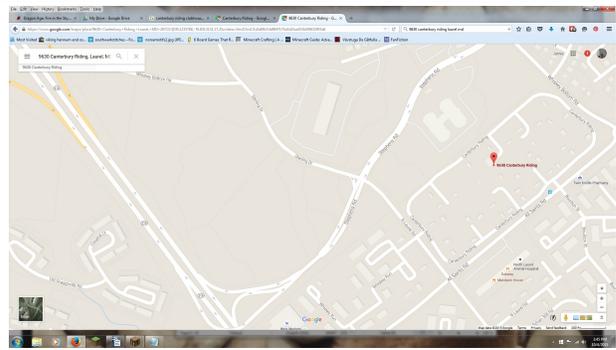
Fight practice (heavy and rapier) and **dance practice** are held each Monday at St. Andrew's Episcopal Church, 4512 College Ave., College Park, MD 20740, at the corner of College Ave and Princeton Ave. off of Route 1, south of Paint Branch Pkwy. 7 blocks from the College Park/U of MD Metro on the Green Line.

Archery practice on Sunday 11:00am at Adelphi archery range, 2800 University Blvd E, Adelphi, MD 20783; equipment-making at Lord Cameron's during inclement weather.

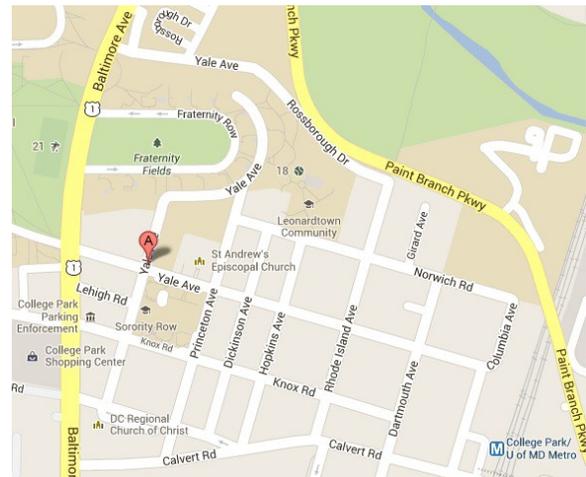
Newcomer's Night rotates on a monthly basis. Check the Drekkar and/or the [Yahoo Group](#).

Early Northern European Adhocracy: 9426 Canterbury Riding, Laurel, MD. Free unassigned parking. One cat.

Scriptorium: 9565 Fort Foote Rd, Fort Washington, MD 20744, can pickup from Huntington Metro with prior arrangements. On-street free parking. Two cats.



9240 Canterbury Riding, Laurel, MD (click for Google Map)



4512 College Ave., College Park, MD 20740

Important Notice:

This is the February 2017 issue of the Drekkar, a publication of the Barony of Storvik of the Society for Creative Anachronism, Inc. The Drekkar is available from Jamie Lennon at chronicler@storvik.atlantia.sca.org. Subscriptions are free as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

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