



**The Drekkar**  
of the Barony of Storvik  
March, A.S. XLIX (2015)



**March Madness**



Detail from *The Garden of Earthly Delights*, [Hieronymus Bosch](#), c. 1500.

Despite looking like something by Salvador Dali, this is period. It's part of a famous triptych; this detail is from a panel showing Hell and the torment of souls there. One might assume the souls above are being made to dance eternally by their demonic partners, possibly as punishment for such frivolity in life. The triptych is rich with symbolism, much of it obscure, and trippy enough to make it a popular subject for college dormitory posters.

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## Upcoming Events

March 7: [Kingdom Arts and Sciences Festival](#) (Wallace, NC)

The largest A&S showcase in the realm. Competitions, exhibitions. His Majesty to attend.

March 14: [St. Paddy's Day Blood Bath](#) (Vienna, VA)

The traditional kickoff to the fighting season; heavy and rapier will both find much to do. His Highness to attend.

March 15-22 [Gulf Wars](#) (Kingdom of Meridies)

Ride forth to war! Her Majesty and her Highness to attend.

March 21: [Seven Hills Skirmishes](#) (Lynchburg, VA)

The Incipient Canton of Seven Hills hosts a day of heavy and rapier fighting, target archery, thrown weapons, dance and bardic.

March 28: [Tir-Y-Don Investiture and 40<sup>th</sup> Birthday](#) (Hayes, VA)

Wish Tir-Y-Don happy birthday for their big 4-0. Many competitions martial and artistic. His Majesty to attend.

March 28: [Defending the Gate XIV](#) (Leesburg, VA)

A large martial event fairly close by. Their Highnesses to attend.

April 3-5: [Night on the Town](#) (Annapolis, MD)

The town of Smeewick once again finds itself in need of rapier defenders! Please help our poor neighbors in their hour of need.

## Baronial Activities

Locations to regular baronial activities on the last page.

**Business Meeting: March 29**, not March 15, 7-8pm. Site is 7981 Eastern Ave, Silver Spring MD 20910. Plenty of parking on the street and the Kennett Street Garage just behind building. One quarter mile from SS Metro. The building has vines on either side of the courtyard entrance. There is a loading zone directly in front of the courtyard to the building. Walk through the courtyard to the back, to the lobby.

**Newcomer's Night:** March 26 at the chatelaine's house

**Fight, Rapier Practice:** March 2, 16, 23 (7-9:30pm)

**Dance Practice:** March 2, 9, 16, 23 (8-10pm)

**Archery Practice:** Some Sundays (see Yahoo Group messages for details) (11:00am)

**Sewing Night & Sock Class:** None for March at this time; check the [Yahoo Group](#) or the [Facebook page](#) for updates.

**Scribal Night:** March 3, 17 (6-10pm)

**Populace Party and Performing Arts:** None this month

**Early Northern European Adhocracy:** March 10, 7-9pm

### OYEZ! OYEZ!

Baronial News Highlights

**Help fund the hall!** Baronial coffers are becoming depleted. Please contribute to "the can" at the Monday night practice. The hall is \$70/night to rent, and is the single largest expense the barony incurs.

**Performer's Revel on April 18!** Welcome warmer days of spring at Caer Bear in Bowie, MD, where Mistress Fevronia and Master Igor will host a day-long bardic jam session,

followed by a delicious meal, followed by more bardic. A joyful Storvik tradition.

**STORVIK NEEDS YOU!** To find us **new event sites**. We're looking for parklike places we can camp, fight, and feast. Send site information to Rayhana, our seneschal (seneschal AT storvik.atlantia.sca.org). Specifications will be uploaded to the usual places soon.

Not too long from now, in a barony not so far away, there will be **Garb Wars** in April. The barony seeks gentles interested in forming a team to compete. Bonus! Volunteer as team captain, and next year the garb made at Garb Wars will be for you!

**Correction:** Their Excellencies have spoken to Egill about new thrones, not Egald, as reported in the February 2015 Drekkar.

Want **literary or artistic fame and fortune?** Or at least fame? The Drekkar seeks articles and art of all kinds, so that Storvik's newsletter reflects the might and glory of her people! Contact the chronicler at chronicler AT storvik.atlantia.sca.org with submissions.

### **Minutes of the Monthly Business Meeting, February 15, 2015**

Attendance: Rayhana, Sonya Flicker, John West, Graciela Esperanza, Isabel, Patricia of Trakai, Grazia Morgano, Emma West

The meeting started at 7:54 p.m. because some people got lost getting to new site.

#### **Officers' Reports**

Seneschal (Rayhana): The barony has NOT been sanctioned. All our reports have been turned in by our officers.

Exchequer (Emma): Storvik's bank balance is \$6,406.63, with two outstanding checks, one to Sonya and one to Almas Temple (for Kingdom Twelfth Night 2014). Emma and Rayhana will check on these. Emma said she can't close out the Song and Dance event until she gets the troll paperwork from Johanna, who was unable to attend the business meeting.

Chatelaine (Grazia): Because of a calendar mixup, the newcomers' night was announced in the *Drekkar* that came out after the event, but it rained ice anyway.

Webminister (Grazia): She updated awards and activities pages.

Archery marshal (Grazia): The fundraiser lunch at Storvik Song & Dance earned \$161.

Herald (Patricia): Quarterly report was submitted on time. Will contact new Triton Principal Herald about a successor.

Baron's report (submitted): A craftsman (Egill) has responded with an estimate for new baronial chairs, \$1,000 for each chair, not including baronial discount, will get more details for next meeting.

#### **New Business**

Rayhana: We really need Novice Tourney to make money for the barony. Fighter practice costs about \$3,400 per year, and the donations don't cover it. The church will just keep going up in price. The barony is aware that it gets a lot of donations from the dance group (Three Left Feet).

Sonya: Recommends weekly reminders to contribute to the donation can (what the dancers do).

Option: we could look at a cheaper venue during the summer. The park in Adelphi might be an alternative. Emma said that if we got \$70 in donations at every fighter practice, we could break even. Rayhana said that if we ask attendees to put in a couple of dollars every week, it will go a long way to keeping the site. John said that Baron Sean used to shake the donation bucket at people, but that hasn't happened for a long time.

## **Old Business**

Sonya: Books are not yet closed from Storvik Song and Dance to know the final profit/loss, as the troll report is still out. People seemed to have a really good time. We had people coming from Meridies, passing through from East, from Puerto Rico, and also the Williamsburg area. We got our security deposit back from St. Andrew's. Teleri on Feb. 4 sent her receipts. Sonya has \$29 worth of receipts, so she no longer needs the \$50 check that was lost.

Rayhana: We probably lost money on the event, but it was the first event of its kind, and we had lousy weather (especially early in the day), and there were so many site uncertainties. Maybe if we schedule the site earlier next year we will get more people. Sonya also suggested that January might not be the best month to hold this event due to weather unpredictability.

## **Events**

Novice Tourney (Grazia): Yesterday at Bright Hills Birthday, Lord Robert the archer came up to Johanna and said we hear that you need a site for Novice. The Baltimore Bowmen invited us to use their site for Novice Tourney on June 13. It would cost \$300 plus we would have to provide our own porta potties. Rayhana said she had not heard of this until just now and she would have to give them a call. Grazia said she has been there in the past for practice; it's a huge site and allows camping, but she is not sure about the water situation.

Gracie (Graciela) described the site she has been working on for a one-day version of Novice that would be right inside Storvik and even on a bus line. The Knights of Columbus on Cherry Hill Road would charge us \$1500, and it has shower stalls and bathrooms. She said she has already talked to Badouin and he has reached out to the Chivalry to organize something for the unbelts after the tourney part of the event.

Rayhana: The concern is that it's so close to the date – the event flyer has to be in to the Acorn by March 1. We almost have to go with this Knights of Columbus site. She said she was leaning toward the site that Gracie found, rather than risk not having the event.

John said he has a pavilion we could use for cooking and feast. If the weather has been bad we can't put tents on the diamond, but we can put tents on the outfield.

Sonya said she likes the fact that the K of C site is within our barony. Emma said that we need to start developing other sites within our barony.

Gracie said that the site has been communicative with us, with hotels a stone's throw from us, and it would also be great for a future Kingdom-level event. We could only do a spring Crown Tourney because of their schedule (they don't stay open till November). There may be room for negotiations in the future (on site cost). They require proof of insurance from Milpitas. She said she already did a preliminary event budget, which did not include feast. We could make a late lunch as a fundraiser instead of a feast and then people could go to restaurants later if they wanted to.

Rayhana: MOTION that we approve a budget of \$1,765 for Storvik Novice using the Knights of Columbus site. Sonya seconds. Unanimously approved.

Rayhana said she will do a site visit to Camp Little Bennett in Montgomery County as a possible future venue for any of our events. If anybody wants to go, let her know. It will be on a Saturday or Sunday.

Gracie said she needed a \$500 deposit check for the K of C.

Gracie said she found the site and is more than happy to take it on as autocrat, and also more than happy to take on anyone wants to learn how to autocrat.

Grazia said that a Bright Hills archery marshal would be able to help. Rayhana and Gracie said it would be nice to have them come out and see where the archery could be located.

Gracie said that if we make a 10-person room block at her hotel, we could get a free conference room on Saturday night. She also asked Grazia to do a Web page for the event on Storvik's website.

Gracie said she thinking of holding a two-shift lunch, maybe 12-2 and 2-4 p.m., so that the guys can come off the field and eat. There could be even two separate cooks. Emma, Rayhana and Gracie agreed that ACCEPS will close a week before the event.

Gracie: It is a DRY site. Please make that fact be known. Also, the pieces of the list field MUST be at the site at 8 a.m. so that the list field can be set up. Whatever we need – signs, etc. – have to be there first thing in the morning. Rayhana said that we'll have to make sure we give really good directions to this first-time site.

## **New Business**

Future Baronial Business Meetings: Grazia and Rayhana said we need to publicize directions and a map to the Eastern Village Cohousing site. Grazia said that she could also take a photo of the entrance to the building to help people recognize it.

Gracie said that January was our last paid meeting date at the Comfort Inn. We have two more dates in the contract but we have not yet paid for them. Rayhana will ask Isabel, who lives at Eastern Village, about the March, April, and May meeting dates.

The group decided to have the next three business meetings on March 29 (after Gulf Wars), April 19, and May 17.

The meeting adjourned at 9pm.

**Many and sincere thanks to Lady Patricia of Trakai, who took these notes for the absent chronicler.**

In service,  
Lady Teleri the Well-Prepared  
Storvik Chronicler

## Between the Beltways

*SCA-relevant things to do in the area or online*

### Smithsonian Associates Lectures and Class Series

- [Empires of the Adriatic](#), 3/14 – Venice and the Ottomans
- [Cracking the Runic Code](#), 4/11 – All about Norse runes
- [Fruit of the Ancient Vine](#) 4/13 – Pompeian wine re-created

[More at their website](#)

### Concerts

- Illuminare: [Dancing through the Labyrinth](#), 3/15 – An exploration of music in which text is paramount; Hildegard von Bingen, Francisco Guerrero, Italian laudes, selections from *Carmina Burana*
- Eya Ensemble: [Heartform](#), 3/21 – Interweaves music from the Chansonnier Cordiform with poetry

More at [DC Early Music](#)

### Theater

- Shakespeare Theatre Company: [Man of La Mancha](#), 3/17 – 4/26 – C'mon, Cervantes is period!
- Folger Shakespeare Theater: [Mary Stuart](#), through 3/8 – A modern show about two amazing period monarchs, Mary, Queen of Scots, and Queen Elizabeth I of England.

### Online Courses

- [Sagas and Space: Thinking Space in Viking Age and Medieval Scandinavia](#). Starts 4/7.
  - [Digging Deeper: the form and function of medieval manuscripts](#). Starts 4/21.
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# Lady Alicia's Cookery Booke: Roman Libum

By Lady Alicia of Cambion

Greetings all! March may come in like a lion and go out like a lamb, but here at the manor, the servant's hall is ringing with cries of "Beware the Ides of March!" (I probably should never have given them the afternoon off to see Mr. Shakespeare's latest). The Ides of March also means the ancient feast of Anna Paremma (although one does keep hearing whispers about some Irish Saint).<sup>1</sup>

Anna Paremma was celebrated in Ancient Rome with a great festival at this time of year. As Anna, she was sister of Queen Dido of Carthage and (as Vergil notes in Book IV of *The Aeneid*) was forced to flee after Dido's death. Ultimately, she drowned in the ancient river Numicus, becoming a river nymph of the *amnīs perennis* or perpetual stream, which became a part of her name.

Ovid, in his *Fasti*, Book 3 also tells how, during the Secession of the Plebs, the rebels holed up on the Sacred Mountain but were starving. An old woman named Anna brought cakes to the hungry rebels. When the Plebs returned, they dedicated a temple to her in thanksgiving for her generosity. It is believed this may have been the same Anna, too.

I'll let Ovid tell you how the festival was celebrated (from *Fasti*):

*Idibus est Annae festum geniale Perennae*

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<sup>1</sup> Note: St. Patrick's Day (March 17) would not be added to the Liturgical Calendar until later in the 17<sup>th</sup> Century.

non procul a ripis, advena Thybri, tuis.  
plebs venit ac virides passim disiecta per herbas  
potat, et accumbit cum pare quisque sua.  
sub Iove pars durat, pauci tentoria ponunt,  
sunt quibus e ramis frondea facta casa est;  
pars, ubi pro rigidis calamos statuere columnis,  
desuper extentas imposuere togas.  
sole tamen vinoque calent annosque precantur  
quot sumant cyathos, ad numerumque bibunt.

On the Ides is when the happy feast of Anna Perenna  
Is held, not far from your banks, Tiber.  
The lower class comes and rests on the grass  
And drinks with his girl.  
Some endure the open sky, few put up tents,  
Others make houses out of branches  
Others put up reeds to make rigid columns  
And hang their robes over top.  
The sun and wine warms them, and they pray  
For as many years as the number they drink.

My translation is rough (my tutor would be quite dismayed) but at heart it was a happy feast where couples would gather by the side of the river, pair off into little tents or huts and drink copious amounts of wine to insure a long life.

Libum were little cakes, probably similar to the ones Anna brought the starving rebels. They were also used in religious rituals, offered to the Roman household gods and probably eaten during the Feast of Anna Perenna.

Cato, in his work *De Agri Cultura*, provides a simple recipe for *libum*:

*LXXV 'Libum hoc modo facito. Casei P. II bene disterat in mortario. Ubi bene distriverit, farinae siligineae libram aut, si voles tenerius esse, selibram similaginis eodem indito permiscetoque cum caseo bene. Ovum unum addito et una permisceto bene. Inde panem facito, folia subdito, in foco caldo sub testu coquito leniter.'*

75. Make libum in this way. Break up 2 pounds of good cheese in a mortar. When well broken small, add one pound of wheat flour or, if you wish it to be more tender, half a pound of good flour and mix well with the cheese. Add one egg and mix well. Make into bread, put leaves underneath and cook slowly under a testo on a hot hearth.

8 oz (weight) Ricotta Cheese  
1 egg  
¾ c. All-purpose Flour  
4 Bay Leaves  
¼ c. Honey, liquefied

Preheat oven to 425\*. Combine the cheese and egg until well-mixed. Add ¾ c. flour or so, until you have a thick dough. It should resemble biscuit dough – firm but not too dry. Form into 4 little cakes, press a bay leaf into the bottom of each and place in a lidded dutch oven. Bake 30 minutes or until bottoms are golden brown. Meanwhile, heat honey

until liquid. When libum are done, remove from pan and coat immediately with the honey. Allow to sit until honey is absorbed and libum are glazed. Remove bay leaf before eating. The resulting pastry is a dense, chewy cake that tastes of cheese but more savory than the sweet cheese-cake with which more modern palates may be familiar.

Note: Roman cooks would have put their libum into a pottery dish and covered it with a bowled lid (the “testo” referred in the original recipe). A lidded cast iron or enameled dutch oven with its lid on will provide similar results, if you don’t happen to have a testo in your kitchen.

Enjoy! Go forth and cook good food!



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Do you have a cookery question you’d like to have answered? Email Lady Alicia at [ofnoimp@yahoo.com](mailto:ofnoimp@yahoo.com). Do you have a good Latin tutor? I think I could use a refreshing of my skills.



**Important Notice:**

This is the Drekkar, a publication of the Barony of Storvik of the Society for Creative Anachronism, Inc. The Drekkar is available from Jamie Lennon at [chronicler@storvik.atlantia.sca.org](mailto:chronicler@storvik.atlantia.sca.org). Subscriptions are free as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

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Vacant

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***Archery Marshal***

Vacant

***Chancellor Minor***

Vacant

***Deputy Minister of the Lists***

Vacant

Youth Combat Marshal

Vacant

***Minister of Minors***

Vacant

**Baronial Champions**

***Archery***

Cameron deGrey

***Arts & Sciences***

Tatsume

***Bardic***

Teleri the Well-Prepared

***Court Painter***

Richard Wyn

***Heavy Weapons***

Carlyle Jamesson

***Rapier***

Illaria de Gandia

***Youth***

Wulfgar of Skye

**Baronial Appointees**

***Warlord***

Lord Griffin Wharvager

Business meetings are held the 3<sup>rd</sup> Sunday of the month at 7pm at 7981 Eastern Ave, Silver Spring MD 20910. Plenty of parking on the street and the Kennett Street Garage just behind building. One quarter mile from SS Metro. The building has vines on either side of the courtyard entrance. There is a loading zone directly in front of the courtyard to the building. Walk through the courtyard to the back, to the lobby (there are lots of trees/ plants - you can't see the lobby from the street).

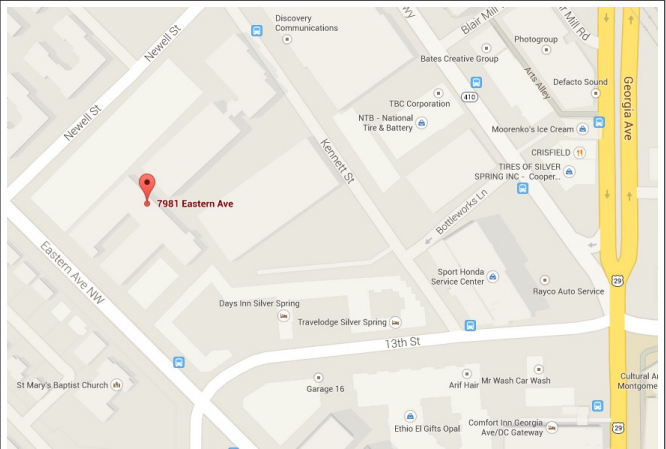
Fight practice (heavy and rapier) and dance practice are held each Monday at St. Andrew's Episcopal Church, 4512 College Ave., College Park, MD 20740, at the corner of College Ave and Princeton Ave. off of Route 1, south of Paint Branch Pkwy. 7 blocks from the College Park/U of MD Metro on the Green Line.

Archery practice on Sunday 11:00am at Adelphi archery range, 2800 University Blvd E, Adelphi, MD 20783; equipment-making at Lord Cameron's during inclement weather.

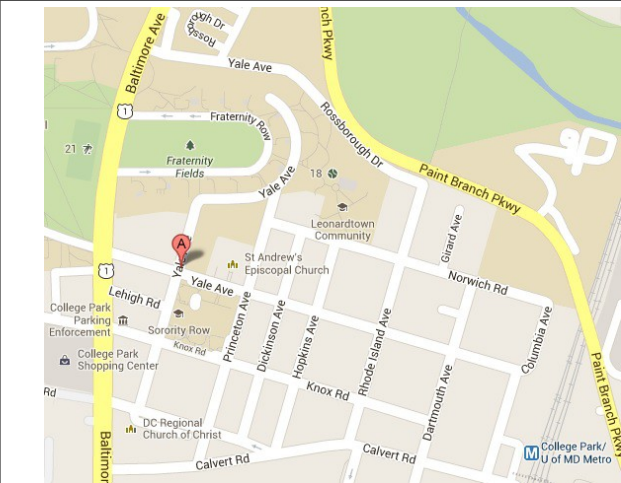
A&S in Silver Spring: 7981 Eastern Ave, Silver Spring MD 20910.

Early Northern European Adhocracy: 9426 Canterbury Riding, Laurel, MD. Free unassigned parking. One cat.

Scriptorium: 9565 Fort Foote Rd, Fort Washington, MD 20744, can pickup from Huntington Metro with prior arrangements. On-street free parking. Two cats.



7981 Eastern Ave, Silver Spring MD



4512 College Ave., College Park, MD 20740