

# *The Drekkar*

## *Newsletter of the Barony of Storvik*

---

*April 2008 (A.S. XLII)*

### **Table of Contents:**

Baronial Events Calendar	1
Kingdom Events Calendar	1
Activities Calendar	2
April Meeting Minutes	3
Lady Mori v. Period Gingerbread	8
Copyright Notice	10
Baronial Regnum	10

### **Barony Events Calendar:**

*Tournament of Chivalry:* April 18-20, 2008  
*Novice and Unbelt Tourney:* July 11-13, 2008  
*Post-Pennsic Dessert Revel:* Aug. 16, 2008  
*Storvik's Baronial Birthday:* Oct. 17-19, 2008

### **Kingdom Events Calendar:**

*Hawkwood Baronial Birthday:* April 25-27 in Hawkwood  
*Beltane XXVII:* April 25-27 in Berley Cort  
Hidden Mountain Hafla: April 26 in Hidden Mountain  
*Barnacled Bullfrog:* April 26 in Marinus  
*Spring Crown Tournament:* May 2-4 in Nottingham Hill Coill  
*Sapphire Joust:* May 23-26 in Caer Mear  
*Pennsic War XXXVII:* July 25 to August 10 in the Kingdom of Aethelmearc

### **The Calendar**

The following has been taken from the Website. People hosting or opening buildings are encouraged to update the information with the webminister.

*Arts & Sciences Social:* It is traditionally held the Friday after the Business Meeting in the basement of the College Park Church of God at 7 pm. Contact Griele at moas<at>storvik.atlantia.sca.org for information about April and May.

*Baron and Baroness' At-Home & New Comer's Social:* April 2. Baron Rorik and Baroness Janina will be 'At Home' the first Wednesday evening of each month, 7-11 pm. They cordially invite Storvik, and friends of Storvik to join them. The Newcomers' social will also be held during this time. 5416 Lakeford Lane, Bowie, MD 20720

*Baronial Business Meeting:* April 13. Normally held on the second Sunday of each month in the basement of the College Park Church of God at 7 pm. The church is located at 8800 48th Avenue, College Park, MD.

*Dance Practice:* March 31, and April 7, 14, 21, and 28. This practice is held every Monday evening at the same location as Fighter Practice from 8pm to 10pm. For more information, contact Lord Stefan of Cambion at mol<at>storvik.atlantia.sca.org

*Embroidery and Gaming Guild (EGGS):* April 3 and 17. Held every 1st and 3rd Thursday of the month at the home of Baron & Baroness Rorik & Janina from 7-9pm with a light repast before if you arrive early. Please contact Janina by ggoose<at>radix.net or (301) 262-5253 for more information.

*Fight Practice:* March 31, and April 7, 14, 21, and 28. This practice is held every Monday evening for both heavy armored and rapier fighters at St. Andrew's Episcopal Church in College Park, MD from 7:00-10:00 pm. The fighter practice is in the hall up the metal steps. For the sake of the floor, no marking shoes/boots and no kneeling in heavy armor. For questions or to borrow armor, contact Joscelin d'Outremer (knightmarshal<at>storvik.atlantia.sca.org) for more information and watch the home page and Yahoo! Group for more information.

*Garb Research and Hand Sewing:* April 15. Come for garb research and hand sewing at Dame Brenna's on the third Tuesday of the month. There will also generally be one Saturday a month to pull out the sewing machines and deal with large garb projects. Contact Brenna at brenna <at> erols.com for directions and more information.

*Music Ensemble:* April 8 and 22. Meets 2nd and 4th Tuesday of the month, 7-9pm in Laurel, MD. Contact Teleri the Well-Prepared at sca\_bard<at>yahoo.com for directions and information on schedule changes.

Newcomer's Night: April 9. Newcomers' night is on the 2nd Wednesday of the month from 7:30 to 9:00 at the home of Lady Tirzah (9006 Simpson Lane, Clinton, MD 20735.) chatelaine<at>storvik.atlantia.sca.org. Newcomers' is a gathering for all to attend to find out answers to questions about the SCA,

whether you're new or an old pro at the game. Hope to see you there! Allergy alert - there are 2 cats and a small dog at the house.

Youth Fighter Practice: No information at this time.



Created By Cian of Storvik

## Barony of Storvik

### Minutes of Monthly Business Meeting, April 14, 2008

In Attendance: Mori Matsunomae (Chronicler), Patricia of Trakai (Herald), Teleri the Well-Prepared, Rorik Fredericsson (Baron), Johanna of Sudeborn, Orla Carey (Seneschal), Tirzah MacCrudden (Chatelaine), Gaspar (Exchequer), Brenna of Storvik Paul Griffith (Ansel), Catherine Griffith (Catherine), Janina Krakowska (Baroness), Griele vanden Burghr (MOAS), Badouin MacKenzie, Graham Flessas, Joselin d'Outremer (Knight Marshal), Stefan of Cambion (MOL), Evelynne Merrymet

#### **Meeting Notes:**

Meeting came to order at 7:16 PM

#### **Officer Reports:**

##### Knight Marshal:

There are fewer heavy fighters than usual for this time of year. There are new fighters attending. The loaner armor is missing in action and we need it back. The Knight Marshal also made a plea to help get new folks into armor. We also need indoor storage space for the loaner gear.

##### Exchequer:

Gaspar reported that we had about \$5300 in the account. This figure is approximate as he left the report elsewhere. The new signature card is with the Kingdom Exchequer. Telari is now deputy exchequer. Gaspar will be out of town from the 17-28 of April and will not be present for Tournament of Chivalry. Orla, who isn't signatory on the account will hold the checkbook. William, Patty, Gaspar and Llyr are on the signature card and can sign for reimbursement and the non-member surcharge checks as needed. Someone will deposit the Tournament of Chivalry funds into the account. Gaspar needs to talk to Kingdom Exchequer about the coronets otherwise the quarterly report is complete.

##### Minister of Arts and Sciences:

Griele will be stepping down as MOAS. Storvik is now looking for an MOAS. Beatrix is holding scriptorium and that has been well attended. The doll class at fighter practice is going great and is well attended. There is a fair amount of sewing stuff going on.

##### Baron and Baroness:

The upcoming Baronial Progress is on the website. They are going to a great many events again. The Baron and Baroness had a good talk with the Queen last night at Night on the Town. Her Majesty was apologetic about going to the Mid Realm instead of Tournament of Chivalry. They made a good case for them to Their Majesties to come up for our Novice Tourney. They hadn't realized that Tournament of Chivalry was as big an event as it is. The Queen is looking for recommendations. The standard pleas for recommendations at the Baronial and Kingdom levels were made. If we know of people who have been active and don't have their AOA's please, please, please write a letter for them.

For the higher level awards and entry into the polling orders letters and recommendations can still be made. Let the Baron and Baroness know. They have less influence at that level but every little bit helps.

The Baroness reported that the latest "At Home" night went well.

Chatelaine:

There were two new people at Newcomer's night. They moved into the area from Delaware. They have been here for 8 months now and live near the Chatelaine. They are looking forward to joining the baronial activities.

Herald:

There were no new submissions this past month. She did have discussion with an out of town person. She will be heralding at the Tournament of Chivalry. She asked if a consult table should be arranged at Novice. It was discussed and thought that it would be a good idea. She will put in a request.

Chronicler:

The Chronicler has the Tintin file. The Drekkar went up. She will send the Drekkar to Holly so it can be posted to the website.

Seneschal:

The Seneschal mad a plea to get everyone to submit to Drekkar. It was suggested that a "Lies, just lies and slanderous gossip" section be created to make the meeting minutes and event reports more entertaining.

She is thinking about changing or creating policies in the near future.

She will need someone to fill the specific job of demo organizer. This person should be free during the day or has enough vacation to attend these demos. The Seneschal admits to being ineffective at making Baron do anything.

**Old Business:**

Tintinabulum:

The Tintinabulum is an occasional publication that is the phone book of Storvik and is voluntary. The file from the last Tintinabulum has been extracted and it will be evaluated. The Chronicler will get pricing for how much it would cost to put out.

Storage:

Frederich will get back to us about storage soon. Officially we now have a donated storage unit. A lock has been procured. All baronial property that is to be stored will go directly from Tournament of Chivalry to the storage unit to avoid moving things twice. The Seneshal and Tirzah will prompt Fredrich for answers.

Faering Tokens:

Catherine is here and reported that Pastiche, a shop that attends Estrella, has little silver and amber necklaces for \$4 each. The other shop isn't very responsive. The information for both has been forwarded to the Baroness. The Faering has no registered badge. It would be nice and the Baron and Baroness want to get something registered for the award. The Seneschal will review the O&A for anything registered for children awards and the faering, etc.

**Demos:**

Zoo:

There are not a lot of details about the May demo at the National Zoo. It is known that Telari is organizing Maypole. Sir Richard is in charge of the organization for this demo.

### September Demo:

This will be investigated for the next meeting.

### Fairyfest:

Fairyfest will be in the first weekend in June. Orla & Tirzah will be busy. They want us for the entire weekend. Fairyfest is a ren faire for those with an interest in fairies. The festival is child oriented. It had 3000 people last year. The festival is in Bowie, and the organization does have an educational outreach goal.

We could set up a tent and do our thing. There will be no weapons and no fighting.

The question came up if should we be there. Fairies are a Victorian thing, and that is a concern.

Is this a recruiting opportunity? Ponte Alto did tracking and have had no members generated from any demo.

Discussion indicated that we won't have staff for it, a lot of people already have plans. It requires more investigation to determine if we even belong. The Seneschal will politely decline for this year.

### Georgetown University Medieval Faire:

Due to a miscommunication on the part of the Georgetown club that is hosting the faire Johanna reported that there is a very short notice call for our attendance this Wednesday between 4 and 5 PM. They are mainly interested in the 13<sup>th</sup> century. They will take fighters and women in pretty dresses. The only fighter who responded needs a marshal. One artisan said that they were available.

Because of the short notice the bulk of the discussion was about if we can do it with a benefit to us or them. The site of the faire is gorgeous, if difficult to get to.

After much discussion it was determined that we need to develop the relationship with this group. We will try to attend the meetings and/or try to use the building as a site. We will also invite them to Tournament of Chivalry.

### **Events:**

#### Tournament of Chivalry:

Preparations are going well. Reservations are trickling in. Right now there are 40 feast reservations with 5 more theoretically in the mail. Overall the event is doing OK without their Majesties in attendance. The break even is 200 people day trip. There are no children's activities at this time.

There will be a Ladies solar being set up for ladies to sit and chill and admire the martial acts of the combatants. Being a Tournament of Chivalry there should be ladies present to inspire the chivalry.

The Royal Bards will be leading a bardic circle. There will be fighting, fighting, fighting, eating, and then talking about fighting.

There will be a War Practice on Sunday.

Johanna will be there by 5pm on Friday to do Troll.

Grielle reported that the staff at the site have confusion and conflict about who is doing reservations. It is difficult to contact them and use. If they get the reservation procedure fixed it is a great

Bright Hills wants field space. There might be enough now that there won't be a royal area. There will be five or six merchants. We have rented all of the site cabins. Two of the six cabins are full. It is a wet site. The question was asked if we will get a refund for any cabins we don't use. The answer is unknown.

The question was asked if we have all the tentage we need? Brenna and Herveus have some that could be used. We might be one tent short.

The schedule for court and feast was discussed. It will be a baronial court and the Baron and Baroness don't have a lot of business. Court will be after fighting. Fighting will end so that fighters have enough time to clean up. Feast will be at 6:30.

The weather for Tournament of Chivalry, as of right now, is mostly sunny with a high of 71. It should be very good weather.

William has the list fence and it should be available for the event.

There will be a light lunch served for everyone with two types of soup.

#### Novice Tournament:

Skipped because the autocrat was not present and had not sent a report.

#### Post Pennsic Revel:

The site is rented. The Co-autocrats are looking for a cook to do a small side board, very light. It was also announced that they were looking for someone to organize dancing. Stephan stepped up and will take charge of the dancing. They are looking for a troll. The co autocrats will try to be here next meeting.

#### Baronial Birthday:

The Baron reported that the site fee for Croom didn't go up. It is going to \$300 for the weekend plus \$3/night per person camping. This can be collected on site. The ranger will be by Sunday morning to pick up the money.

The Baron needs a \$300 check for Birthday and a \$300 check for Novice to go to Croom, tomorrow.

The A& S theme will be things you would find on a Viking raid on England.

Baroness Janina would like to arrange baronage lunch. Wouldn't be in

Mori will be promoting the event in Aethelmearc and the East.

Mori will have a revised budget for the next meeting. She will also be sending out an email soliciting volunteers to staff the event.

#### ***New Business:***

The Baroness will be setting up a Yahoogroup for the EGGS group.

University will now be taking over and combining with Runestone on June 28 in NC. For Tournament of Chivalry it was asked how much cash advance should be made for Troll? After some discussion about past events it was determined that a lot of ones would be needed. It was decided that troll would have \$150-200 in ones and \$150 in 5s and 100 in 10s. Because this is change we get it all back.

The meeting was proposed, seconded, and voted unanimously over at 8:09 PM.

~~~~~



## Lady Mori v. Gyngerbrede

I like cooking. I like cooking a lot. I love the idea of period cooking. I love the period feasts I've participated in as either a guest or cook or server. In the last couple of years the idea of trying period cooking and incorporating it into my own repertoire for daily eating has grown. In 2005 at the Birka event in the East Kingdom I bought "A Boke of Gode Cookery" by James L. Matterer.

It was fun to look through and I had dreams of trying most everything. That plan is progressing slowly. I've tried a recipe here and there, but haven't had time to do the exploration of even this most basic of cookbooks. Last year I decided I would try the gingerbread recipe. I learned a few things:

1. Period gyngerbrede is VERY different from the modern stuff.
2. The technique for making it is actually very reminiscent of modern rice crispy treats.
3. Out of the box breadcrumbs are not fine enough.
4. It is VERY sweet, tooth-achingly sweet.

The ingredients are 4 cups of honey, 1 pound of unseasoned bread crumbs, 1 tablespoon of ginger, 1 tablespoon of cinnamon, 1 tsp of white pepper, a pinch of saffron, whole cloves (if you attach real or candied leaves). If you want to color the gyngerbrede red they used sandalwood in period. The modern recipe calls for red food color. I made this recipe 3 times without the saffron or the red food color.

Addressing the first two points I made above, modern gingerbread cookies and sheets for house construction and even gingerbread cake have a smooth and/or smooth and soft texture. All the ingredients are incorporated into a batter and then baked. Period gyngerbrede is not baked at all.

You heat the honey, remove any skum, add the spices, and add the bread crumbs and stir until the crumbs are well incorporated. If you recall rice crispy treats are add any inclusions to the rice crispies, heat the marshmallows and butter, add the rice crispies and stir to incorporate the crispies with the sticky stuff.

Hot honey is much more liquid than the marshmallow-butter mixture of the modern rice crispy treat and this difference brings us to the third point, out of the box breadcrumbs are not fine enough. I made this recipe three times and the only difference was the breadcrumb fineness. The finer the breadcrumbs the better the texture and the better the incorporation went.

The first batch I used out of the box panko breadcrumbs. The honey coated everything well and started soaking into the crumbs. When I was done and had everything smoothed out on the tray, cooled and cut, I tried one. Taste and sweetness will be dealt with later. When it was done, I thought to myself that the texture of the batch couldn't be right. It seemed a bit dry and crumbly. My theory is that the honey that soaked into the bread crumbs was needed hold the larger heavier crumb in place. So out of the box crumbs might require additional honey.

My second attempt came out pretty inconsistent texture wise. I spun the crumbs in a food processor until they were at least half the size of the original crumbs. However that method left me with crumbs that were ½ the size of the original and crumbs that were like flour. A consistent crumb size is apparently needed. The batch held together better, but I wasn't sure that it was correct. It felt grainy, even though the fine powdered crumbs started to give it a look like baked gingerbread cookies.

The third batch I took the out of the box crumbs and put them in small batches between waxed paper and took a marble rolling pin to them. I rolled them until they were consistently about 1/3

the size of the original crumb, this is just a few passes. To get a uniform powder sized crumb would have taken longer and I was under a deadline. This batch worked out quite well. The honey that was absorbed into the smaller crumb wasn't so much that it impeded the ability of the honey to hold the crumbs together.

Gyngerbreded is VERY,VERY sweet. A batch will last you quite a long time, because one or two pieces will do you for the day and quite possibly the week. To encourage use of the batch, I taught my aunts to cut the 1 inch by 1 inch x  $\frac{3}{4}$  inch cubes into sugar cube sized pieces and use them to sweeten tea. Sure it adds some crumbs to your tea, but not enough to be off-putting to myself or my aunts. Using it fresh and still warm or heating it up in the microwave for a few seconds and adding it to vanilla ice cream was good. Mixing a square into a piece of fresh and hot apple pie also added a good flavor. I didn't do candied or real leaves and I think eating a square and chewing the clove would also cut the sweetness and be quite good.

So my first foray into period cooking went pretty well. But I'm finding that even with a redacted recipe, there is still room to learn how to make something to get it right. Gyngerbrede will be part of my holiday sweet giving, but I'll make only one batch and give only two or three pieces. The full redacted recipe can be found at <http://www.godecooking.com/>.



Wood burning and picture by Lady Mori

## IMPORTANT NOTICE:

This is the Drekkar, a publication of the Barony of Storvik of the Society for Creative Anachronism, Inc. The Drekkar is available from Susan Moury at [chronicler@storvik.atlantia.sca.org](mailto:chronicler@storvik.atlantia.sca.org). This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

© Copyright 2008, Society for Creative Anachronism, Inc. For information on reprinting letters and artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

---

## BARONIAL REGNUM

### Baron and Baroness of Storvik

Baron Rorik Fredericsson & Baroness Janina Krakowska z Cambion (Wayne & Joanna Dionne)  
5416 Lakeford Ln, Bowie, MD 20720  
([map](#))  
(301) 262-5253 until 9pm, (301) 262-6537 until 11pm  
[baron@storvik.atlantia.sca.org](mailto:baron@storvik.atlantia.sca.org),  
[baroness@storvik.atlantia.sca.org](mailto:baroness@storvik.atlantia.sca.org)

### Officers & Deputies



#### *Seneschal*

Lady Orla Carey (Beth Nelson)  
9006 Simpson Ln, Clinton MD 20735  
(703) 919-6360  
(note: I do not answer numbers I don't recognize so leave a message and I'll call back)  
[seneschal@storvik.atlantia.sca.org](mailto:seneschal@storvik.atlantia.sca.org)



#### *Archery Marshal*

Lord Thomas Fitzcharles of Cheltenham (Thomas E. Sundin)  
PO Box 364, 10910 Old Indianhead Rd, Cheltenham, MD 20623  
[archery@storvik.atlantia.sca.org](mailto:archery@storvik.atlantia.sca.org)



#### *Arts & Sciences, Minister of*

Lady Griele Vanden Burghr (Angel Adams)  
(301) 422-6423  
[moas@storvik.atlantia.sca.org](mailto:moas@storvik.atlantia.sca.org)

### Deputy Minister of Arts & Sciences

Baroness Catherine Grace Fitzlewis



#### *Castellan / Chatelaine*

Lady Tirzah MacCrudden (Evelyn Brady)  
9006 Simpson Ln, Clinton, MD 20735  
(703) 966-0787 - no calls after 9:00 pm  
[chatelaine@storvik.atlantia.sca.org](mailto:chatelaine@storvik.atlantia.sca.org) or  
[castellan@storvik.atlantia.sca.org](mailto:castellan@storvik.atlantia.sca.org)



#### *Chronicler*

Lady Mori Matsunomae (Susan Moury)  
PO Box 714, Glen Burnie, MD 21060  
(540) 557-7036  
[chronicler@storvik.atlantia.sca.org](mailto:chronicler@storvik.atlantia.sca.org)

#### **Deputy Chronicler**

Lady Patricia of Trakai (Patty Daukantas)  
(301) 486-1949  
[patoodle@aol.com](mailto:patoodle@aol.com)



#### *Exchequer*

Gaspar Marti (Joshua Poling-Goldenne)  
7821 Mandan Rd, Apt 203, Greenbelt, MD 20770  
(301) 560-7991  
[exchequer@storvik.atlantia.sca.org](mailto:exchequer@storvik.atlantia.sca.org)

#### **Quartermaster (loaner armor)**

Lord Othenan of Storvik (Donny Charles)



**Herald - Storvik Cornet**

Lady Patricia of Trakai (Patty Daukantas)  
(301) 486-1949  
herald<at>storvik.atlantia.sca.org



**Knight Marshal**

Lord Joselin d'Outremer (Dave Rossell)  
knightmarshal<at>storvik.atlantia.sca.org

**Deputy Knight Marshal**

Lord Karl Haraldsson (Ronald Doyle)  
(301) 702-2948  
dragonship\_red<at>yahoo.com



**Lists, Minister of**

Lord Stefan of Cambion (Steve Kiefert)  
9704 Beechwood Dr, Lanham, MD 20706-2304  
(301)731-0673  
mol@storvik.atlantia.sca.org

**Deputy Minister of Lists**

Dame Brenna of Storvik (Jeraldine Rorstrom-Lee)  
600 Cedar St NW, Washington, DC 20012  
(202) 291-3562  
BrennaSCA<at>erols.com



**Minors, Minister of**

Lady Ysabel of Storvik (Katherine Matthews)  
(301) 435-0849  
mom<at>storvik.atlantia.sca.org



**Rapier Marshal**

Lady Constanza de Talavera (Sharon Buczko)  
(443) 844-7159  
rapiermarshal<at>storvik.atlantia.sca.org



**Web Minister**

Lady Margaret of Hollingford (Holli Hartman)  
(202) 479-2633  
webminister<at>storvik.atlantia.sca.org

**Deputy Web Minister**

Lady Serena de la Mar (Chrissy Rey-Drapeau)  
webminister<at>storvik.atlantia.sca.org



**Youth Combat Marshal**

Lord William the Younger (William Stanton)  
2933 Craiglawn Rd, Silver Spring, MD 20904  
youthmarshal<at>storvik.atlantia.sca.org

**Baronial Appointees**



**Warlord & Troublemaker**

Lord Pagan Grendel (Craig Humfelt)  
2841 Subtle Ln, Fairfax, VA 22031  
warlord<at>storvik.atlantia.sca.org

**Awards Clerk**

Lady Margaret of Hollingford (Holli Hartman)  
(202) 479-2633  
ladyhollingford<at>yahoo.com

**Baronial Champions**

**Archery**

Lord Brendan the Shameless

**Arts & Sciences**

Ansel Rowland Matthews

**Bardic**

Morgan O'Lathlan

**Equestrian**

Yan

**Heavy Weapons**

Griffin Warfogger

**Rapier**

Baron Alastair Clark Bowman